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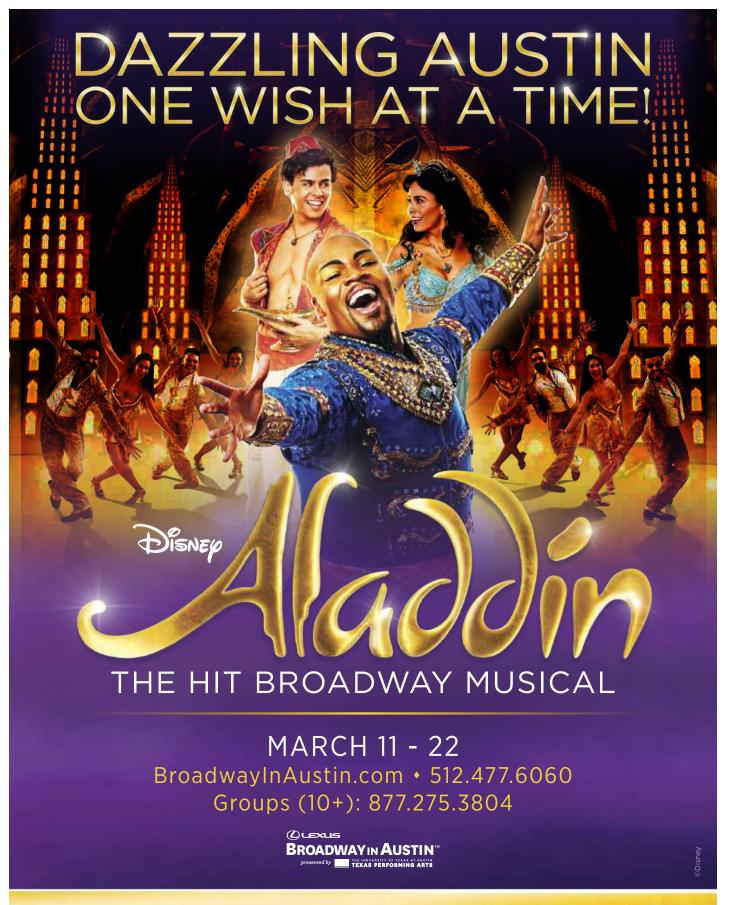
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Catch Austin Family Magazine live on "Good Day Austin" every Thursday morning and "Despierta Austin" monthly.





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Jacqueline, a 2020 cover kid winner, turns 5 in March and loves to perform. Photography by Jordan Ashley Photography. Wardrobe by KidOShoe and Dragonsnaps.

When I was nine years old, I wrote a book called Albert the Blue Alligator. The story was about an orphaned alligator with mysterious blue skin. Albert struggled with being different and misunderstood. I didn't know anything about writing or drawing a children's book. But I tried. All I wanted was to make something that had never existed in the world before. I even phoned companies called "book publishers" listed in the Yellow Pages to tell them about my story. They were all nice, of course, but no one bit. But no one bit. On my 10th birthday, my father gave me the best present. He had typed up my story on yellow, green, and pink sheets of paper and put it in a sleek blue binder. The title was emblazoned on the front with my name underneath it. He had published my book!

This is how curiosity and creativity work for many kids. There's virtually no fear of failure-just an eagerness to do something. I also had the great fortune of having a mother who was a painter and photographer, and a father who was a poet and potter. There was always music playing on our huge console stereo, movies to see on opening day, and art festivals to attend. Everywhere was an appreciation of the imagination.



editor's note

JENNIFER HILL ROBENALT

Robenalt is an editor, content creator, creative writer, and mother

In this issue, we're celebrating and exploring the arts in Austin. Music, dance, writing, visual arts, sculpture, and all things creative. We explore how the arts can empower children to grow and learn in every area of life, as well as the expanding list of opportunities for Austin families to enjoy the arts together. As the beloved writer Neil Gaiman once said, "The one thing that you have that nobody else has is you. Your voice, your mind, your story, your vision. So, write and draw and build and play and dance and live only as you can."



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Play it product recalls Safe

Companies Recall Maze Toys, Lounge Pants, and Inclined Sleepers



Juratoys has recalled about 980 Sophie la Giraffe Bead Maze toys. The wooden triangle shape piece fails to meet the mandatory federal standard for small parts, posing a choking hazard to young children. No injuries have been reported. The recall includes a round wood-based bead maze toy in the shape of the Eiffel Tower with a Sophie giraffe figure and three wooden shapes: orange triangle, red heart, and green star, that sort into the wood base.

Consumers should immediately stop using the recalled Sophie la Giraffe Bead Maze toy and check the bottom of the toy for the recalled batch numbers: 9321/J09504/022019; 9474/J09504/042019; and 9549/J09504/ 052019. If the toy matches the recalled batch numbers, consumers should destroy the triangle piece and contact Juratoys to receive a free replacement triangle piece. The toys were sold at specialty toy and gift stores nationwide from Feb. 2019 to Nov. 2019 for about \$25. Visit www.juratoysus.com for more information.



K-Apparel has recalled about 2,200 all cotton children's lounge pants which fail to meet the flammability standard for children's sleepwear that requires sleepwear to be either snug-fitting or flame resistant, posing a risk of burn injuries to children. The lounge pants were sold in 18 prints. The lounge pants were available in children's sizes small through extra-large. Consumers should immediately take the recalled

lounge pants away from children and contact K-Apparel for a full refund. K-Apparel is contacting all known purchasers. No incidents or injuries have been reported. The items were sold online on Amazon.com from Oct. 2018 through Sept. 2019 for about \$18. K-Apparel can be reached at 800-201-8734 from 1:30 to 11:30 p.m. ET, Sunday through Thursday. Or email at mir2015@outlook.kr with "Product Recall" in the subject line for more information.



Summer Infant has recalled about 46,300 SwaddleMe By Your Bed Sleepers with model number 91394. Infant fatalities have been reported with other manufacturers' inclined sleep products. after the infants rolled from their back to their stomach or side, or under other circumstances. The product is a free-standing inclined sleep product. Consumers should immediately stop using the inclined sleeper and contact Summer

Infant for a cash refund or voucher. Consumers can contact Summer Infant online at www.summerinfant.com and click on "Safety Alerts and Recall Information" or at 1-800-426-8627 from 9 a.m. to 5 p.m. ET Monday through Friday for more information.

The US Consumer Products Safety Commission works to protect the public from unreasonable risks of serious injury or death from more than 15,000 types of





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Blanton Block Party

The Blanton Museum of Art at The University of Texas at Austin will host the 4th Annual Blanton Block Party on Sat., March 28, 2020 from 11 a.m. to 11 p.m. Since kicking off in 2017, almost 40,000 visitors have taken part in this annual festival celebrating art, music, and community.



"We invite all of Austin to celebrate what makes this

city special—our artists, musicians, cultural institutions, and community—at the Block Party," said Blanton director Simone Wicha. "The Blanton's outdoor spaces will be alive with local musicians and performers and activities for families and kids, but most importantly, the museum is free and open to the public throughout the day and night. We look forward to welcoming the city to the museum, whether it's for the first time or the fiftieth, to enjoy the incredible art experiences here."

The Block Party lineup includes Ballet Folklórico de Austin, The Barton Hills Choir, Beat Root Revival, Carrie Rodriguez, Como Las Movies, Dub Equis Featuring BlackLight, Esquina Tango Austin, Henry Invisible, Kalu James, Los Coast, and The Selfless Lovers, and will be hosted by KUTX DJ Paul Carrubba.

Museum admission is free, and audiences are invited to enjoy the museum's exhibitions and permanent collection. Visitors can experience the Blanton's constantly changing collection galleries of modern and contemporary art, works from Latin America from the 1500s to present, and European Renaissance and Baroque paintings.

Other performances include poetry readings by Jesús Valles and 2019 Texas Poet Laureate Carrie Fountain, and an art-themed pun-off from past winners of the O. Henry Pun Off World Championship. More highlights include family art activities, a woodblock printmaking activity in collaboration with PrintAustin, screen-printing via Industry Print Shop, and photobooths courtesy of MyEventIsTheBomb. Food and drink will be available for purchase from local favorites Kreyòl Korner Caribbean Cuisine, The North Door, Pinkberry, Tamale Addiction, and the Blanton Café. Parking will be available in the Brazos Parking Garage for \$5.

Must-Do This *March*

7
It's My Park Day

14-15
Austin Music & Arts Festival

in Round Rock

28
Blanton Block Party

in Austin



Austin Spring Festival

Spring Festival ATX is March 13-22 and represents a high concentration of events, including SXSW, in and around downtown Austin. Tens of thousands of visitors from Texas and around the world descend on the Capitol city for live music, conferences, film screenings, parties, and much more. Austinites and visitors are encouraged to stay up-to-date on transportation and mobility options at austintexas.gov/springfestatx.

Rodeo Austin

Rodeo Austin offers something for every member of the family. Open March 14-28, 2020, the Fairgrounds offer Austin's largest carnival, along with shopping, food, and a variety of shows and special attractions. Fairgrounds open daily at 10 a.m. Admission grants access to fun and educational activities. Parking is \$15 and may be purchased online. Fairgrounds admission tickets do not include carnival or Rodeo & Concert admission. The carnival offers more than 60 rides and games for the whole family. Kidstown features a petting zoo, pony rides, butterflies, parakeets, pig races, and even a dairy milking show. The Swifty Swine Pig Races and the Southwest Dairy Milking Show occur multiple times throughout the day, from 10:45 a.m. to 6:00 p.m. daily. For more information on pricing, vendors, live music schedule, Wild West shows, and more visit Rodeoaustin.com.





Austin Music & Arts Festival

The 2020 Austin Music & Arts Festival will take place March 14-15 at Old Settlers Park located at 3300 E. Palm Valley Blvd. in Round Rock. Come and enjoy live music, fine art displays, a classic car show, a custom motorcycle show, and dozens of fun attractions. Check out the Taste of Austin Food Garden, with delicious cuisine, and cold domestic and craft beers. National recording artists will be performing throughout the afternoon and evening on the main stage, as well as juried visual artists presenting the heritage and the culture of Austin. Admission is just \$5, with free admission for children under 12. For more information, visit Austintexas.org.



It's My Park Day

Austin Parks Foundation (APF) will host its citywide volunteer event, It's My Park Day (IMPD), on Sat., March 7. IMPD volunteer projects include city-approved tree mulching, root collar clearing, habitat restoration, and trail maintenance, as well as park and creek cleanups.



"It's My Park Day is one of our biggest and most anticipated events of the year," says Colin Wallis, CEO of Austin Parks Foundation. "Year after year, we continue to be impressed with what a single day of volunteer work can do for our parks and green spaces. We're so grateful for the support of our community and the dedicated volunteers who participate every year."

Local restaurants and businesses across the city will participate in IMPD by offering special rewards to all volunteers. After participants are finished volunteering, they can wear their volunteer t-shirts on March 7 at any of the partner locations to receive their rewards.

Established in 1992, IMPD is a biannual event that brings together thousands of Austinites to help improve and transform parks, trails, and greenbelts throughout the city, including the Barton Creek Greenbelt, Shoal Creek, Balcones Park, Bouldin Creek, Mount Bonnell, and many neighborhood parks across Austin.

APF is dedicated to partnering with the community to enhance people's lives by making public parks, trails, and green spaces better through volunteerism, innovative programming, advocacy, and financial support. For more information including a full list of projects and the growing list of partners, and to register as a volunteer, visit Austinparks.org/IMPD.

by the numbers



9 in 10

Number of people who believe arts education is vital

Source:
Americansforthearts.org



54% American families with one member who plays a musical instrument

Childrensmusicworkshop.com



20 Recommended minutes per day kids should read

Source: Pearson.com



Arts Funding

With recent gifts to the Blanton Museum of Art and Landmarks, the Austin-based Still Water Foundation is making a major investment in the way people experience art on the campus of The University of Texas at Austin.

The foundation will give \$5 million to the Blanton's master plan project to reimagine and transform the museum grounds. Landmarks, the university's public art program in the College of Fine Arts, will receive \$5 million to serve as the foundation of an operating endowment for the organization.

Still Water's generous investment will propel forward these significant initiatives, elevating the arts across the Forty Acres and benefitting generations of students and visitors who encounter renowned works of art on campus. Each grant includes a \$2 million challenge match that has been designated to inspire additional support.

The Blanton's master plan project will reshape the footprint and face of the Blanton to create an iconic destination that facilitates the museum's vision for innovative outdoor programming. It will form a vital connection between the university, the city of Austin and the Texas State Capitol Complex.

Eagle Scout

Jonathan Randle, 14, son of Aimee and Greg Randle, recently earned the prestigious Eagle Scout rank. Jonathan made a mulch and rock-lined trailhead and the first quarter-mile of what will become a 5-mile hiking trail at Camp Mabry. He installed bat and bird houses and repaired the bench of a nearby picnic table. Jonathan is a freshman at McCallum High School and a member of Troop 410, which is chartered by Highland Park Baptist Church.



The People's Gallery

On March 6 from 6 to 9 p.m., the Economic Development Department's Cultural Arts Division presents the opening of the 2020 People's Gallery at Austin City Hall



the people's gallery

located at 301 W. 2nd St. Since 2005, Austin City Hall has been an annual showcase for works by Austin artists and arts organizations. The People's Gallery reflects the artistic excellence and diversity of Austin. It also promotes the City of Austin's cultural and economic initiatives. This year the city had over 1,200 submissions for consideration. Over 140 artworks are displayed throughout City Hall for the enjoyment of residents and visitors. While reservations are not required for opening night, this is a "first come, first served" event. However, attendees are encouraged to register prior to the event in order to provide organizers with an approximate attendance count.

The 2020 People's Gallery will be on display from March 6, 2020 through Jan. 1, 2021. It will be open during regular City Hall hours which are 8 a.m. to 5 p.m., Mon. to Fri., except on official City holidays. The People's Gallery is always free and open to all. Visitors who would like to see the artwork in the Council wing must make an appointment with a Council Member. For more information, visit Austintexas.gov.





SXSW

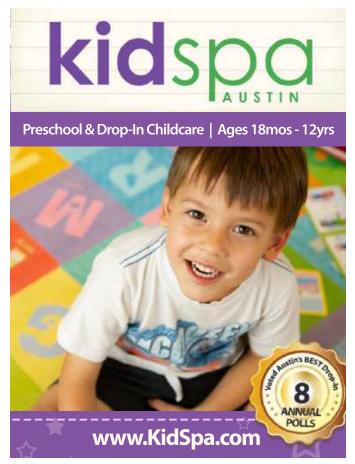
South by Southwest (SXSW) offers an expansive range of events and programming from March 13-22. Some SXSW events are free to the public and do not require a badge to attend. Free events include:

The Learning Expo Free Community Day (March 11, Austin Convention Center) This event serves as the central hub for innovations in learning at SXSW EDU and features interactive exhibits showcasing what's new in education.

Wellness Expo (March 14-15, Palmer Events Center) This exhibition brings together thousands of SXSW attendees to explore the rapidly growing health and wellness industry.

SXSW Outdoor Stage (March 19-21, Lady Bird Lake) The three-day series of charity benefit concerts takes place on SXSW's largest stage, with more than 50,000 attendees over three days.

For more information about additional free events at SXSW, please visit www.sxsw.com.





Dream Life:
Jan Bozarth
on Cultivating
Creativity
for a New
Generation

BY JENNIFER HILL ROBENALT

Jan Bozarth has a lifetime of creating project that spark the imagination. While Bozarth is the author of the popular children's book series, The Fairy Godmother Academy, she also wears many other creative hats: singer/songwriter, producer, futurist. Her work continues to inspire change in entertainment, technology, and media through content design and development. For Bozarth, exposure to the arts and fostering curiosity was an essential part of her motherhood journey.

AF: What role has being an artist played in your life?

JB: I think of my creativity as an aspect of my life force or chi. When I'm creating, I feel happy and healthy, fully expressed, and engaged intellectually and spiritually. I am able to dream and imagine new worlds.

AF: What are some lessons you've learned about being a mother and an artist?

JB: There are seasons for everything.
Sometimes you are learning and sometimes you are executing on what you have learned.
When you're older, you can free yourself of the constraints of the "nuts and bolts" training and enjoy a creative flow allowing

you to express whatever comes to the surface. Any art form, when mastered, provides an endless wellspring of joy and emotional fulfillment throughout your lifetime. My children have reported to me over the years that these skills have given them comfort, joy, solace, and happiness throughout their lives. It never goes away. Also, parenting is not simply functional caretaking. It's about teaching lifelong wellness and resilience skills. The arts, and other forms of creativity, are good ways to master important life skills. For example, singing to ourselves is a form of self-soothing.

AF: What are some tips or tricks for raising a creative kid?

JB: Take children to art events and performances as much as possible. But don't just take them to the symphony or the ballet, though those groups are very stimulating. For me, it was important to let my kids see other children who were making music or art, and dancing or performing. It can be daunting for kids to see only very skilled adults creating great art experiences. They need to see the creativity and determination of other kids. This way, they have a sense that they can do something creative too. Kids are naturally



The Fairy Godmother Academy book signing at BookPeople.

fearless. I wanted to give my sons permission to explore and try new things that were interesting to them. For us, it was always about the journey of creativity. With practice, we could get better over time. We don't have to be great in the beginning. It's impossible. For me, I wanted to raise kids who could always dream and imagine and express themselves. I'm proud of them.

AF: Your kids are all professional artists and creatives in their own rights. How did you cultivate their interests at a young age?

JB: I focused on exposing them to all things creative in the home. Maker tools became a part of the everyday landscape. I made sure there was music and craft time and available materials from a very early age. Our environment was important too. We always had music playing in our house, and I made them watch musicals every other Wednesday night on video. I always let them choose what they were interested in, like sports, while making creative tools available to them. Art became organic to their existence. For instance, I kept a basket of percussion instruments in the living room beside the piano. We made up songs for fun, nothing formal at first. Just fun. Eventually, the kids made short movies, flip books, and dances with their stuffed animals. Of course, there were music lessons— but only if they wanted to do it.

AF: Can you teach creativity, or does it just come naturally to certain people?

JB: It's important to let children know that creativity is a natural ability that we all have. As a parent, I wanted to create an environment that supported that idea. Somehow, in our culture, we began to believe that there are creative people and noncreative people—that you either have a

talent, or don't. I think that's nonsense. We are all creative. We just express it differently.

My three boys studied the Suzuki Method for stringed instruments including violin, viola, and cello. Because Suzuki uses ear training before it teaches music reading, it feels natural and they excelled on their instruments quickly.

AF: In terms of arts education, how can we successfully use the arts to help kids grow?

JB: I'm all for educating kids in art forms that interest them. Their passion for the work counts so much. But pressuring kids to master something is probably not the best idea. We want to protect a child's natural curiosity, not make it into a commodity or competition. It may sound strange, but not focusing on mastery as a kid is important to protecting a child's love of something. Arts education provides a head start on crafts like writing, dancing, acting, music, painting, and more. But I think a new field of creativity education needs to become front and center. We need to teach kids about the art of creativity itself. We need to stop focusing so much on outcomes and focus more on the long-lasting gifts the arts provide: emotional intelligence, co-creation, empathy, communication, and expression. We need to



Shane, Dustin, and Evan Bozarth.

trust kids' instincts and interests and allow their natural creativity to flourish. Then, real mastery can happen.

AF: What advice would you give to parents who want to pursue their own artistic goals while raising children?

JB: Integrate your own creative activities with your child's interests as much as possible. Model your commitment to a creative life. And build in permission to be alone, taking time to dream and imagine. You do NOT need to be busy all the time. In fact, being constantly busy is a dangerous behavior pattern that doesn't leave time for the creative mind to do its thing. Most of creativity is about training the mind to free associate, problem solve, and imagine. Children mimic their parents. Show them how creativity can be a part of a daily routine and life itself.



It's important to let children know that creativity is a natural ability that we all have. As a parent, I wanted to create an environment that supported that idea."

AF: As a multi-faceted artist, how do you balance all of your work and interests?

JB: I don't do it all at the same time! I have a bucket of songs, poems, and pieces of paper full of ideas. I go to the bucket from time to time to pull something out and do another iteration. This is the well. Your mind has a bucket like this too. You are always going to be connecting things in new ways if you allow the free flow of dreams, ideas, and musings.

Right now, I am in my happy place after years of expressing my creativity in various arts and entertainment businesses. I am happily creating a new experience for children and young adults, the HelloAventurine franchise. This includes my six Fairy Godmother Academy books, some new books for older kids called Coded4Greatness, and Dreameroo, which teaches people how to explore the well of their own mind, trust what they find, and then bring new ideas into form. I'm also teaching and speaking on the subject of nurturing creativity in yourself, and your kids. As it turns out, computers can do a lot of the analytical work. But innovators need to be able to dream.





THE LEARNING CURVE

ALISON BOGLE

Bogle is an Austin-based freelance writer and mom of three.

How to Help a Reluctant Reader

Getting some kids to read is like pulling teeth. Actually, for most reluctant readers, pulling teeth would seem like a walk in the park— that's how resistant they are to reading!

While most of us would agree that reading is good for children, we might not know why. The American Library Association cites findings from multiple studies about the benefits of reading, including higher scores on achievement tests in all subject areas, greater content knowledge, increased reading comprehension, greater vocabulary, better spelling abilities, and a better understanding of grammar.

So, what is a parent to do if his or her child would rather take a bath or eat Brussels sprouts than settle down with a good book? Here are some great tips for helping nudge your child to read:

Mix it up. Not every child is inspired by books, so introduce a variety of materials, such as graphic novels, magazines, joke or riddle books, instruction manuals, or cereal boxes. It all counts as reading!

- 2. Let them choose. If your child is a Pokémon fan, check out Pokémon books! If your kiddo is gaga over penguins, a nonfiction book on penguins might get her excited. When kids love the subject, they're more likely to read.
- 3. Take turns. Reading with a parent can be enough motivation for some reluctant readers. Take turns reading sentences, paragraphs, or pages – whichever method is best for your child.
- 4. Keep it casual. Too much pressure to read makes reading seem like a chore; and no one likes to do chores!

- 5. Create some clutter. Pick out books similar to ones that your child enjoys and leave them in strategic places around the house, such as next to the couch or by his bed. He may just pick one up.
- 6. Embrace boredom. Screens are the enemy of reading time. Schedule some screen-free windows of time in your home to encourage your child to reach for a book instead of the remote.
- 7. Model. If you sit down with a book on a regular basis, your child is more likely to do so. I like to be in front of the fireplace reading when mine

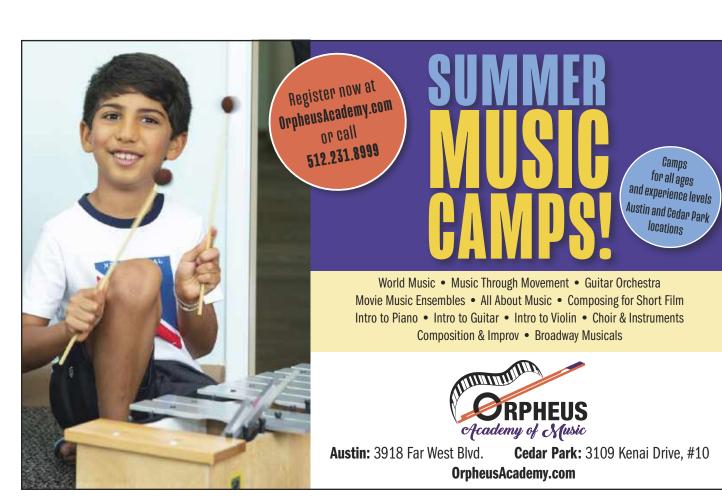
When kids love the subject, they're more likely to read."

- come downstairs in the morning. I put a book out for each of them, and they settle down next to me without me saying a word!
- 8. Get silly! Let your child read in silly places if that's what gets her reading. Book time in the bathtub? Sure! Reading by flashlight under the table? Great!
- 9. Make it a game. Create a Bingo board with titles of books your child might enjoy that are at his reading level. Together, brainstorm a fun reward for a completed board.
- 10. Put on a play. Choose a play to read together and assign parts. By the time you are ready for the big performance, your child will have had loads of reading practice.
- 11. Read to a pet. Sometimes it can be more enjoyable to read to your dog, cat, or fish. If you don't have a family pet, read to a neighbor's.

- 12. Read to someone younger. Giving your child an easier book and having her read to a younger sibling, cousin, or friend lets her feel like an expert and helps build that reading confidence.
- 13. Start a subscription. There are many different children's magazines in production. Choose an appealing one and subscribe. Your child will be excited to receive mail and just might start thumbing through his new material.
- 14. Read aloud as a family. Set aside time to read aloud on a schedule that works for your family. Choose a book at, or slightly below, your child's reading level to make the experience enjoyable. Make it fun by encouraging each other to read with voices that fit the characters. Bonus: summarize each book or chapter as you finish to promote comprehension.

- **15. Check it out.** Libraries offer a number of book sets that include a book, plus an audio cd or tape. Your child can follow along with the book as he listens.
- 16. Go high tech. Kids love anything to do with technology! Your child can record herself reading a story and can follow along in her book as she plays the recording.

Please note— while it is not uncommon to have a reluctant reader, if a real unwillingness or struggle to read persists, it may be a good idea to rule out a learning disability, such as dyslexia. Early intervention is key, making it important to differentiate between a reluctance to read and a real issue with reading. Until next month, happy reading!





Outdoor Art in 3D

and beside the lake and next to the library...). Private and public community visionaries have made Austin a place with a ton of artistic treasure. Indoors, in traditional galleries, certainly. But did you know how much fine art we have outdoors in Austin? For a taste of Austin's sculpture scene, check out these local destinations.

Figures near Water

There is just something startling and inspiring about the juxtaposition of artistic creations and nature. **The Betty and Edward Marcus Sculpture Park at Laguna Gloria** is Contemporary Austin's wonderful outdoor space— a complement to the Jones Center, the Contemporary Austin's downtown gallery. The park is a welcoming art-in-nature site in the heart of the city. The Marcus Foundation gift allows the commission, exhibition and acquisition of new works of art by contemporary artists, as well as the preservation of the works and grounds. See pieces like "Water Woman," a 36 x 65 x 70" dark bronze figure languidly reclining on a grassy bank of the lagoon. Kids and adults may be inspired to strike a pose



alongside Water Woman, or to sketch or mold something original of their own. Created by artist Wangechi Muli, "Water Woman" is breathtaking, and she isn't alone. There are many other pieces you will enjoy seeing. The Contemporary's Sculpture Park spans 14 acres at 3809 W. 35th St. There are free art-making workshops on the second Saturday each month, and drop-in tours on first Mondays. Kids under 18 are admitted free. For more information, visit www.thecontemporaryaustin.org.



Beauty in Bold

The **Umlauf Sculpture Garden and Museum** is a world-class outdoor museum that is very family-friendly. In 1985 sculptor and UT art professor Charles Umlauf and his wife Angeline donated their home, studio, and 168 sculptures next to Zilker Park to the City of Austin. The land is xeriscaped featuring landscaping and gardening that reduces the need for water via irrigation. Staff and volunteers maintain the Umlauf, which features a pond, waterfalls, and native plants. Some of the sculptures are bronze and meant to be touched—a departure from most museums with their "don't touch" rules. Discover other bold pieces like "The Pointed Sphere," a 30"-diameter limestone and glass orb by the late Texas artist Damian Priour. Located at 605 Azie Morton Rd., the museum also hosts Family Day at the Umlauf on the second Sunday of each month from noon to 4 p.m. The day is designed for families and friends to explore and create with a line-up of kid-friendly activities and performances. For more information, visit umlaufsculpture.com.

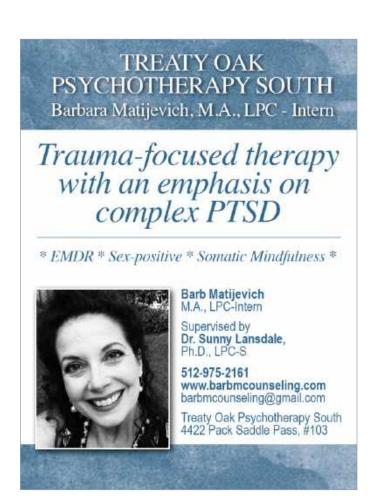


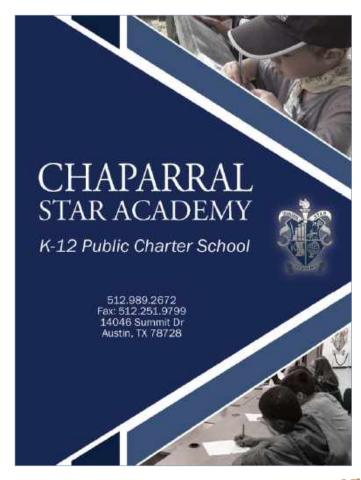
Giants on Land

Austin Art in Public Spaces (AIPP), established in 1985, made Austin the first Texas city to commit 2% of all construction project budgets to allocating art for the site. AAIP collaborates with artists to provide original art for the airport, convention center, libraries, police stations, recreation centers, and streetscapes. A great way to see many of these public art pieces is to take the walkable, self-guided downtown tour of 32 art stops, ranging east of N. Lamar Blvd. and north of Lady Bird Lake. Free AIPP downtown walking tours can be accessed on Google Maps.

My favorite public art sculpture is called "Crullers," by Texas artist Sharon Englestein. The pieces are open to interpretation,

like all art. I found the forms to be reminiscent of hippos and elephants, though I wondered if the name signaled an association to curvy donuts! The "Big Mama Baby" form stands close to "Little Mama" on grass near Central Library, while "Tall Solo" stands at 3rd Street and West Ave., waiting on the mamas. "Open Room" is another art installation along the walking tour located at 200 Sandra Muraida Way. This unique installation features a massive, sprawling table with a "tablecloth," benches, and four tall chandeliers. This expansive outdoor dining area art piece is intended to be a social sculpture, with space for viewers to interact with the piece, sit and converse, and dissolve the bonds between art and life. Picnic, anyone?





7 LEARNING STYLES: AUSTIN ART EXPERIENCES FOR EVERY TYPE OF KID

BY CHANDIER WIFBERG

esearch shows that when kids are exposed to the arts, all areas of learning improve. Every child possesses a combination of learning styles, or one mode which is dominant. Here are some unique Austin experiences and fun activities that support different learning styles through the world of art.

A Day at the Museum: Logical/Mathematical Style

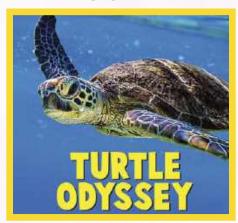
If you notice your child likes to solve problems, easily remembers and recognizes patterns, and thrives on visual lists, your child's learning process might be considered logical or mathematical learning style. If he likes reason and order, he is most likely a logical/mathematical learner. These kids enjoy numbers, counting games, and can even use counting as a way to learn responsibility and memorize routines! Helpful ways to keep logical learners engaged is to create fun treasure boxes to keep their prized possessions, such as pretty rocks found on hikes. Logical learners also like strategy-based board and card games.

For kids with a logical learning brain, visit The **Blanton Museum of Art**. American artist Ellsworth Kelly gifted the museum a 2,715 square foot stone building fitted with colored geometric stained glass, each end set with a different pattern, with fourteen



black and white marble panels inside. This is a gorgeous piece of art for anyone to enjoy, especially for those who love patterns, mathematics, and when everything fits just right.

See You at the Movies: Visual Learning Style



Visual learning is the most dominant and traditional learning style. Most classrooms use a visual learning style from a young age, starting with picture books. They move on to books with text, creating a visual story, and also use pictures and images to show how to solve problems. If your child has always learned best from books, including picture books or story books, and is interested in objects and things physically around them, your child is probably a visual learner.

Visual learners might enjoy seeing what they are learning, rather than just listening. They enjoy creating their own visuals while learning, often doodling or creating images that go along with what they're being taught.

We recommend seeing a visually stunning film at the **Bullock Museum's IMAX Theater**. Right now, you can see the *Turtle Odyssey 3D* documentary until December 31, 2020. The film explores the life of an

Australian green sea turtle named Bunji and her journey across the open ocean. The film is perfect for visual learners and features beautiful shots of the ocean and marine life that any child will love.

Nature's Sculptures: Solitary/Intrapersonal Style

If your child is an independent learner who enjoys figuring things out on her own, she is probably a solitary/ intrapersonal learner. Solitary learners are more introspective, like to keep to themselves, analyze their thoughts, and are self-motivated.

If your child is a solitary learner, he would enjoy keeping a journal to write down his thoughts and set goals for himself. Solitary learners probably don't enjoy large crowds or big classrooms. Great things to do with your solitary learner would be to go on a quiet nature hike, a bike ride, or anywhere they can be on their own to explore.

A great place for them to enjoy some peace and solitude is the **Zilker Botanical Gardens**. The gardens are on 26 acres of land with plenty of space for your child to discover and learn on their own. Kids can explore the glorious Taniguchi Japanese



Garden with ponds filled with Koi fish, the Rose Garden blooming in Spring, bubbling streams and waterfalls, and the **Hartman Prehistoric Garden** filled with plants that were around in prehistoric times, as well as impressive dinosaur replicas.



Ready to Rock: Aural Learning Style

Aural learners use their sense of sound to learn new things. They learn best through speaking out loud— either to themselves, with others, or being spoken to. There are many ways they can verbally learn including through music, lectures, and sounds. Aural learners often love music and naturally understand rhythm and beats. If you let your child learn an instrument, you might notice she has a natural ability to quickly learn how to play music.

Austin is known for its live music scene and has plenty of family-friendly music events you can take your aural learner to see this spring. Some favorites for the kids are **KUTX Live at Mueller**, with kid-friendly live bands at 7 p.m. at the Mueller Lake Park Amphitheater. Another fun live music experience for kids is at **Central Market** on North Lamar Blvd. They host several live music events on their patio every month where kids can enjoy dancing and a playground.

Make 'Em Laugh: Social/Interpersonal Learning Style

These types of learners love to communicate with others and, of course, love being social. Social learners love being in groups and working as a team. They enjoy being vocal and asking lots of questions. That's how they learn!

Improv and drama workshops and classes would be a great outlet for those interpersonal learners! Kids in this environment are able to learn from others



and express themselves in a fun group setting. Role playing is always a great tool to engage their style of learning.

The Hideout Theater provides improv classes for kids of all ages, called "Hideout Kids!" Every Sunday, improv actors along with the kids can get silly and have fun improvising stories, while parents are the audience. You can even sign your kids up for improv classes as a regular thing!



Once Upon a Time: Verbal/Linguistic Learning Style

A verbal and linguistic learner excels with vocabulary, understanding written words and stories, and can verbally express themselves well. They love reading and writing in school, learn new words quickly, and enjoy telling stories. Playing fun word games such as Scrabble, Scattergories, and crossword puzzles are really fun for verbal and linguistic learners.

Always make sure your verbal learner has access to his favorite new book series, and even have him join a book club or study group!

Austin Public Libraries host weekly free story times around Austin for all age levels.

Just check our online calendar for times and locations or visit www.library.austintexas.gov for more information. Of course, bookstores like BookPeople regularly host touring authors for book signings, story times, and audience Q&As. These are great events for verbal learners who enjoy stories being told. They can share in the fun with other verbal learners who love to discuss reading, writing, and stories. This month, author Isaac Fitzgerald will be reading his book, How to Be a Pirate, at BookPeople on Thurs., March 5 at 6 p.m.



I Like to Move It, Move It: Physical Learning Style

These learners like to be active and use their hands. As the name goes, they love being physical, love games that involve moving around, and love moving their hands to make or build something new. Sports can be a great outlet for these learners. Also, physical hands-on activities like drawing, painting, building, and climbing at the playground will help your physical learner flourish.

Physical learners are highly coordinated and can be naturally gifted in sports. A hands-on learning approach is the best way to help them learn new things. Physically showing them the steps to a new idea or task works better than verbally or visually showing them.

Getting your children active in dance, sports, or art classes are great activities for physical learners. The **Austin YMCA** has youth dance classes and youth sports that engage kids and get them moving! The YMCA dance classes are taught by trained professionals and offer a wide range of classes for any age and any skill level.

Chandler Wieberg is a mom, blogger, photographer, and virtual admin virtuoso based in Austin, Texas.



Why Summer Camp Is Creat For ... Parents

BY TANNI HAAS

Most parents know that kids benefit tremendously from going to summer camp. But have you ever thought about how sending your kids to camp can benefit you— the parent? Based on my own experiences as a seasoned parent of summer campers, as well as conversations with other parents, I can assure you that camp is great for you too.

Parents are used to putting their kids first. From the moment they wake up in the morning until the time they go to bed at night, they're constantly on our minds. What do they need? What can we do for them? Now, imagine that they go off to summer camp and the house is suddenly quiet. Here's what happens: slowly but surely you begin to relax in a whole different way. Suddenly, you can

hear your own thoughts, and that'll give you the mental space to reflect on what YOU would like to do— to put yourself first for once.

Use that mental space to do things you've been wanting and meaning to do all year. Perhaps there's a hobby you'd like to pursue. If the kids are at a sleepaway camp, you have the time to take that yoga or painting class, and you get to choose, all by yourself, whether you'd like to do it after work or on the weekend. Get together with some friends you haven't seen for a while. If they have kids at camp, too, chances are that they're available and eager to spend some time with you. Go on a romantic date or two with your partner. The possibilities are endless.

Being able to focus on yourself, your partner, and other people in your life who mean a lot to you is no small matter. As parents, we're used to being



Now, imagine that they go off to summer camp and the house is suddenly quiet. Here's what happens: slowly but surely you begin to relax in a whole different way." responsible providers and caregivers. However, there's so much more to a person: we're also partners and friends. These are important parts of our identities that we need to remember to cultivate. Sending your kids away to summer camp may bring out a more playful side that you haven't shown for a while.

Another great thing about sending your kids to summer camp is that the experience will give them an opportunity to develop and reach important developmental milestones without you being there every step of the way. They'll become more independent, more mature, and much better at solving problems on their own. Trust me. Every time my now-teenage son came home from camp, I could tell that he'd grown in leaps and bounds. Seeing how your kids grow also makes you trust them more. You realize that they're able to develop new skills and take care of themselves even when they're not under your watchful eye.

Ultimately, summer camp is great preparation for the day that all parents will face: the day when their kids move out and they become empty-nesters. You will miss them a lot, and they'll miss you too. But, if you've done your job well and you have developed deep and meaningful relationships with them, your kids will always come back to visit. Just like they will each year after summer camp.

Tanni Haas, Ph.D. is a Professor in the Department of Communication Arts, Sciences, and Disorders at The City University of New York - Brooklyn College.s.



10 Things You May Not Know About Summer Camp



Each year, millions of children, youth, and adults head to the hills, lakes, valleys, and parks to participate in the time-honored tradition of camp. Here are ten of the things you may not have known about the camp experience.



- **10.** Camp is older than dirt, almost literally. Started in 1861, the camp experience turned an impressive 150 years young in 2011.
- 9. Camp is worth its weight in gold, and then some! There is a camp for literally every budget. Often camps offer special pricing or financial assistance, and some camp experiences qualify for tax credits or for payment with pre-tax dollars.
- **8. Green is "zen."** Research shows that first-hand experience with nature, like those at camp, reduce stress in children and help them better handle stress in the future.





- 6. Try this on for size! Camp is a great place to try new activities and hobbies. Afraid of rock walls? According to ACA research, 74 percent of campers reported that they tried new activities at camp that they were afraid to do at first. In the same survey, 63 percent of parents reported that their child continued new activities from camp after returning home.
- **5. Manners matter, and often linger.** The camp experience teaches more than just archery or lanyard making. The entire experience is made of teachable moments, perhaps one of the biggest is how to live with a group of people.



4. Veggies taste better with friends. Hollywood and fictional novels may have given camp food a bad reputation, but in truth, camps are constantly exploring healthy food options, and often are at the forefront of things like allergy specific diets, healthy snack options, and vegetarian meals.



3. If everyone else went to camp, maybe there's something to it!

Camp has played an important role in the lives of some of the most talented people from Texas including Michael Dell, Ann Richards, Farrah Fawcett, and many others.



2. Camp gets those neurons pumping! Research shows that participation in intentional programs, like camp, during summer months helps stem summer learning loss. In addition, camp provides ample opportunity for developmental growth, which is a precursor to academic achievement.



1. Camp builds leaders for the 21st century and beyond! Independence, resilience, teamwork, problem-solving skills, and the ability to relate to other people — these are the skills that tomorrow's leaders will need, and the skills camp has been adept at building for 150 years.



For more information on preparing your child for an independent, funfilled summer, visit ACAcamps.org.

Article courtesy of American Camp Association.





Richardson, PhD, RN, CS, LPC, LMFT, is an Austin-based psychotherapist.

Can a Child Be His Own Superhero?

My first-grade student, Tony, is a little guy who always has his head hung low. When asked to do something, he says he doesn't know how to do it, or he can't. Recently he told me he is "no good." His mother does not seem as interested or involved as other parents. I spend extra time with Tony and encourage him to try new tasks and tell him how well he is doing. What would be some good positive affirmations to give a six-year-old to use? Any other suggestions?

A Every school teacher, administrator, or staff person has encountered children like Tony. Sometimes these kids have been told by grownups outside of school that they are "stupid" or incapable of doing well. Other times, kids with low self-esteem have been ignored or simply don't have a patient caregiver willing to help them or tell them they're doing a good job. Positive affirmations can be one tool to help a child to be his own superhero. Tony might benefit from affirmations written on 3x5 cards to carry in his pocket or backpack. He may even put them up in his cubby at school or on his wall at home.

My favorite affirmation for children is, "There is a superhero inside me. I am a superhero!" Here are some other positive affirmations for children:

- I am lovable.
- I can do hard things.
- · I have great ideas.
- I have special talents waiting to be discovered.
- I am a good person.
- I can be a good listener and learn from others.
- I can make friends and be a good friend.
- · I believe in myself.
- I can understand most anything other children understand if I listen and ask for help.
- It's ok for me to make mistakes and learn from them.

Here are some additional ideas you might consider for your classroom. Parents can also adapt these to use at home. Remember, even superheroes need a support team:

- 1. Create Calm: Lead the students, including Tony, in a short group exercise that begins with breathing, then relaxing, and finally ending with a self-hug (arms crossed hugging shoulders). Then, they can pat themselves on the back.
- 2. Group Work: Coordinate with a mental health professional to invite kids with self-esteem issues like Tony's to create a club in

which they would work together to increase their confidence and make friends. This would need to be coordinated with administrators and parents.

- **3. Be of Service:** Coordinate service projects at the school. Sometimes outside service organizations are interested in working with groups of kids. Helping others gives kids a sense of purpose and self-confidence.
- 4. Find a Buddy: Pair a younger student like Tony with an older student who could provide extra help with school or socializing at lunchtime once or twice a week. Another option? Work with Tony's mother to sign up with the Big Brothers Big Sisters (BBBS) organization. Organizations like BBBS can find a mentor for Tony who can be there for him. BBBS serves kids ages 6-18.
- **5. Take Note:** Keep a sticky pad handy and silently put one on various children's desks including Tony's. Write an encouraging remark on the sticky note like "Your drawing was so creative. I love the colors you used!"
- 6. Good Starts: Before giving students new or harder work, give them an exercise they can easily complete in order to ease them into more challenging tasks. Kids want to feel capable and confident when approaching new areas of learning.

Teachers have an important job in the lives of families. Thank you for your work with Tony and all of your students.

CAMP GUIDE





DAY CAMPS

ARMSTRONG COMMUNITY MUSIC SCHOOL

Voted an Austin Family Readers' Poll Favorite Place to Learn Music, A wonderful place to learn all instruments-- from ukulele to piano, as well as singing. 404 Camp Craft Rd., Austin 512-474-2331 www.acmsaustin.org Ages 0-Adult

ATX KIDS CLUB

ATX Kids Club is a local non-profit organization, with the mission to inspire youth to fearlessly explore and become independent, self-confident individuals through year-round educational and health-minded field trip adventures. Spring Break: March 9-13, March 16-20, March 23-27 Brentwood Park, Mueller Park, Pease Park, Garrison Park 512-234-5437 www.atxkidsclub.org Ages 4-15

AUSTIN ECO BILINGUAL SCHOOL

Through spring break and summer camps, children learn to appreciate cultures from around the world, become internationally-minded, develop a sense of responsibility, and cultivate leadership skills.

8707 Mountain Crest Dr., Austin 2700 W. Anderson Ln., Austin 107 Ranch Rd. 620 S., Lakeway 512-299-5731, 512-299-5732, 512-466-2409 www.austinbilingualschool.com

Ages 2-11

AUSTIN FILM FESTIVAL

Austin Film Festival's Summer Film Camp provides campers with the venue, equipment, instruction, and team they need to create their very own short films. We offer weekly sessions from June 8 -July 31.

June 8 - July 31. The First Baptist Church of Austin 901 Trinity St., Austin 512-478-4795 www.austinfilmfestival.com Ages 9-18

AUSTIN GIRLS CHOIR

Austin Girls' Choir offers two music day camps: June 8-12 for girls age 8-15, beginner to advanced; June 15-19 for advanced singers age 12-18. North central 9a-5p, lunch included.

Austin

512-453-0884 www.girlschoir.com

Ages 8-16

AUSTIN NATURE AND SCIENCE

Nature enthusiasts can join the Austin Nature & Science Center to explore the natural world! Learn new skills in these hands-on camps.

Zilker Park 512-974-3888

www.austintexas.gov/ansc Ages 4-17

AUSTIN YACHT CLUB SUMMER CAMPS JUNIOR SAILING CAMP

Kids learn to sail small sailboats, develop sailing skills while exploring beautiful Lake Travis. Other activities such as crafts and swimming in our pool.

Ages 8-16

PB&J Summer Sailing Series Introduction for kids, designed to get comfortable on water and spark a lifelong interest in sailing. Ages 4-8 5906 Beacon Dr., Austin www.austinyachtclub.net/junior-sailingcamp-pbj-information-page/ 512-266-1336 Ages 4-16

BADGERDOG CREATIVE WRITING CAMP

Badgerdog Creative Writing Camps offer an immersive writing experience for youth. Badgerdog spring break and summer camp workshops are led by professional writers and explore the arts of poetry, fiction, & nonfiction. The Meridian School (Round Rock)

Austin International School
(Northwest Austin)
Griffin School (Hyde Park)
St. Andrew's Episcopal School
(West Austin)
Trinity Episcopal School (Westlake)

Parkside Community Montessori (South Austin)

Additional locations TBD 512-542-0076

austinlibrary.org/creative-writing-camps/ Ages 3rd-12th Grade

BEAR CREEK STABLES

This family-owned stable has been teaching kids to ride for over 38 years. Riders of all ages and levels learn better skills and communication with horses. 13017 Bob Johnson Ln., Manchaca 512-282-0250

www.bearcreekstables.com Ages 7–16

BEE CAVE ART CAMP

Young Artists Focus On Creative Fun Ways
To Explore The World Of Art.
Painting, Drawing, Sculpture, Printmaking,
Mixed Media, Digital & More
Different Projects and Challenges Each
Week
Student Art Exhibitions Every Friday
Hill Country Galleria
12700 Hill Country Blvd. T125
512-731-5868
www.beecavearts.org
Ages 3-18

BRANDY PERRYMAN SHOOTING CAMP

BPSC is a four-day shooting-intense basketball camp mirrored after all the camps that Perryman attended and enjoyed as a kid. Locations throughout Austin-metro area 512-799-8891 www.perrymanshootingcamp.com Ages 7-16

CAMP DOUBLECREEK

Camp Doublecreek has been the Austin area's premier day camp for children aged 4-14 since 1971. Camp Doublecreek has been voted an AFM Readers' Poll Favorite for over 20 years. With free transportation, we make things easy for parents and a blast for kids!

800 Doublecreek Dr., Round Rock 512-255-3661

www.campdoublecreek.com
Ages 4-14

CAMP HALF-BLOOD SUMMER 2020

Step into the world of Percy Jackson and the Rick Riordan Presents series! Demigods ages 9-18 are welcome to come train to become heroes in Summer 2020! Registration is now open. Austin www.between-the-pages.org/camp Ages 9-18

© CAMP SWITCH WILLO

Educating riders in small groups with a relaxed, supportive learning environment emphasizing safety. Riders learn grooming, tacking, and riding on a horse or pony



selected just for them. 4829 Switch Willo, Austin 512-920-0554 www.switchwillo.com Ages 6-13

CENTRAL TEXAS WRITING PROJECT YOUNG WRITERS' CAMP

Our goal for Young Writers Camp is to give all our young writers, regardless of skill level, the opportunity to compose in a variety of styles, to become more selfconfident in their own writing ability, and to learn to appreciate the ability of others. Texas State Round Rock and San Marcos campus

512-245-3680 Ages 6-18

CLUB SCIKIDZ

The Best STEAM camps start right here! Each summer Club SciKidz offers 4 themed camps for grades PK-5. Our themes this year include: By the Beautiful Sea, Cosmic Cookie Dough, Robot Rumble and Coding Kaleidoscope. **Upbring School** 8305 Cross Park Dr. Austin Sadler Means Girls Academy 6401 N. Hampton Dr., Austin 678-493-5651 www.clubscikidz.com/ Ages 4-15











Club Z enhances social, emotional, physical and intellectual growth through a variety of planned activities, games and

Cedar Park, Round Rock, Austin 512-219-0700 www.zsclubhouse.com Ages 4-12

CODING WITH KIDS

Tech-savvy instructors guide small groups as they unleash their creativity to build games, interactive stories, websites, programmable circuits and more. Personalized instruction. 16 locations in Austin metro www.codingwithkids.com Ages 5-18

CORDOVAN ART SCHOOL

Cordovan is celebrating 10 years of creating artists! Our faculty of skilled artists and educators inspires creativity in painting, drawing, 3D art, watercolor, and other media. Enroll in camp

200 Buttercup Creek Blvd., #122, Cedar Park, 512-284-9874 3810 Gattis School Rd., Round Rock, 512-275-4040 8108 Mesa Dr., Austin, 737-300-1200 816 S. Main St., Georgetown, 512-275-4040 www.cordovanart.com

Ages 5-12



COUNTRY HOME LEARNING CENTER

Each fun and educational week brings a new theme with team games, creative arts, science and cooking projects, plus childapproved special events, field trips and kids' choice special interest clubs.

6900 Escarpment Blvd., Austin 512-288-8220 13120 U.S. Hwy. 183 N., Austin 512-331-1441 www.countryhomelearningcenter.com Ages 5-13

DANCE DISCOVERY

Let your child's imagination run wild with Frozen II, Trolls, and Peter Pan all in one summer with Dance Discovery! Dance Discovery's weekly summer camps include Storytime Ballet, Jazz, Hip Hop, Sing-a-Longs, Musical Theater, and Set/Prop Design (activities vary by camp). Each week is wrapped up with an "End of Week Camp Show!" Camps are Mon. to Fri. from 9:15 a.m. to 1:15 p.m.

Allandale - 512-419-7611 Avery Ranch - 512-658-2996 www.dancediscovery.com www.averyranchdance.com Ages 3-13







Voted Best Place to Learn Dance!

Two Locations: Allandale & Avery Ranch www.DanceDiscovery.com 512.419.7611 (Allandale) 512.658.2996 (Avery Ranch)







The Austin Yacht Club offers 5-day summer camps for kids ages 8-16.

Kids will learn how to sail small sailboats, and develop the sailing skills to explore beautiful Lake Travis, and make new friends during the week of the shared experiences on and off the water.

Other activities include craft projects and swimming in our pool (depending on daily local weather sailing conditions). Camp Sessions available from June - July!



For more information call (512) 266-1336 or Email: spencer@austinyachtclub.net 5906 Beacon Drive, Austin, Texas https://www.austinyachtclub.net/junior-sailing-camp-pbj-information-page/



ELITE UNIVERSITY

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- Veterinary Science Musical Theatre Horseback Riding
- Fishing Archery Camping Swimming Gymnastics Kayaking St. Luke's on The lake

5600 Ranch Rd 620 N, Austin www.elitesummercamps.com

855-931-2586

Aaes 4-12

FANTASTIC MAGIC CAMP

Every day at Fantastic Magic Camp is filled with magic, juggling, and puppetry. We open at 8 a.m. and the program starts at 9 a.m. Our day ends at 4 p.m., with pick up time from 4-4:30 p.m. We offer an optional "rehearsal time" from 4-6 p.m. for an additional fee. Spring Camp: March 16 - 20,

Ages 5-12

Regular Magic Camp: June 1 - August 14, Ages 7-12, Junior Magic Camp: June 8 - July 24, Ages 5-6

7500 Woodrow Ave., Austin

512-709-8060

www.magiccamp.com

Ages 5-12

GIRLS EMPOWERMENT NETWORK CAMPGEN

Interactive workshops during two week-long sessions that are designed to ignite the power in girls and teach them skills to thrive and believe in their ability to be unstoppable. Participate in fun, interactive workshops during weeklong sessions designed to help





girls feel more confident as they navigate girlhood. Girls gain new skills, friendships and a sense of self.

901 Trinity St., Austin

512-808-4044

www.girlsempowermentnetwork.org

Ages 3 - 8th Grade

GREAT FUTURES SUMMER CAMP

Keep their minds sharp and active through the summer break at Boys & Girls Club Summer Camps! Our high-quality programming is the most affordable option this summer and it is designed to keep kids active and engaged throughout the summer break.

6648 Ed Bluestein Blvd. Austin

www.bgcaustin.org

512-640-6998

Ages: Sessions serve youth ages 5-18 and PreK depending on availability



HEARTSONG

Natural, family-style learning through early childhood music and movement programming. Offering spring and summer Music Together classes for both children and their caregivers.

2700 W. Anderson Ln., Austin

512-371-9506

www.heartsongmusic.net

Ages up to 9









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- Field trips and events
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- Arts and crafts
- Sports and games
- Music, dance and drama
- Swimming

Xplor Leander · Round Rock

Austin · Georgetown

For more information, visit xplorpreschool.com/austin







May 1st - September 30 both HIGH 5 locations will be offering 2 free games of bowling every day for kids 13 and under when they sign up for the HIGH 5 Kids Club. Registration is free and easy! 1502 RR 620 South, Lakeway

www.bowlhighfive.com

Ages 2-13

iD TECH

iD Tech is the world leader in STEM education, with 450,000 alumni and over 20 years of experience. Summer programs for ages 7-19 are held at 150 prestigious campuses including NYU, Caltech, and Imperial College London. Students build in-demand skills for futures in coding, game development, robotics, and creative arts. Visit

Held at 150 Prestigious Campus Locations

888-709-8324

www.iDTech.com

Ages 7-19

IDEA LAB

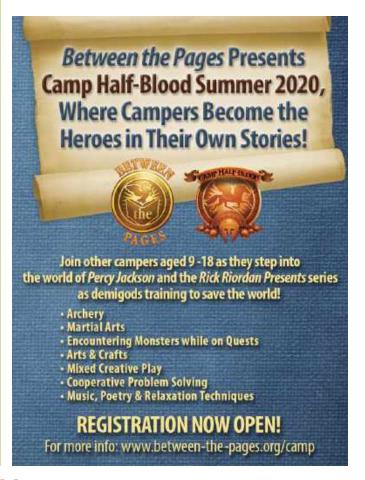
Forget boredom and the same old summer activities! IDEA Lab Kids STEAM (STEM + Arts) camps make summer a totally fun, memorable experience with camps like: How to Become a YouTube Star, Minecraft Engineering and Coding, Medial Science, Future Doctor, Chef Academy Passport, Smart Home Design, Solving Global Issues with Technology, and so much more.

8620 Burnet Rd., Austin

512-710-9654

www.austin.idealabkids.com

Ages 5-13





JUMP! GYMNASTICS

Imagine a world where superheroes are real, pirates are friendly and every little girl is a princess. Grab your passport and join Jeremiah Frog as he embarks on an adventure through space and time. 2117 West Anderson Ln., Austin 6800 West Gate Blvd. Unit 111, Austin 512-593-6226 www.jumpgymnastics.com Ages 3-10

KIDSACTING SUMMER CAMPS

A safe environment for kids to be creative, expressive, and confident while having fun. Regularly voted Austin's best. Each camp ends with a fabulous show for family and

16 locations throughout Austin metro 512-836-5437 www.kidsactingstudio.com Ages 4-18

KIDSPA

Voted Austin's Best Drop-In Center in six annual reader's polls, KidSpa Austin provides flexible childcare that fits your schedule. Visit the website for the summer 2019 schedule.

Avery Ranch and Circle C, Austin

512-828-5772 / 512-301-5772 www.kidspa.com Ages 18 mos.-12

MAD SCIENCE & IMAGINE ARTS **ACADEMY OF AUSTIN**

Mad Science's mission is to spark the imagination and curiosity of children by providing them with fun, hands-on, and educational activities. Central Texas youth have been "edutained" with our week-long science-themed camps since 1997. Locations: Central, Northwest, Southwest, West, Round Rock, Leander, Watch for

512-892-1143 www.austin.madscience.org Ages 4-12

MASTER GOHRING TAI CHI AND KUNG FU

Our program runs year round, which provides an opportunity for your child to begin at any time. Younger ones develop listening and motor skills to enter society with confidence and enthusiasm. Kids develop the strength, confidence, and selfmastery skills to deal effectively with the challenges, choices, and complexities of life. They will have fun.

6611 Airport Blvd, Austin 512-879-7553 www.mastergohring.com Ages 4 and up

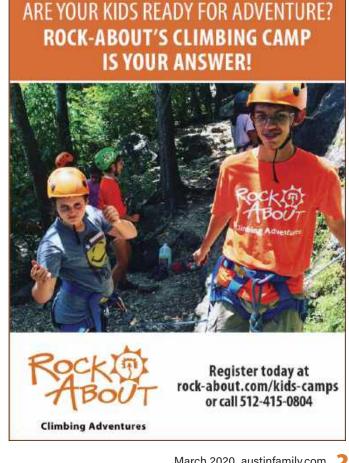
MCKINNEY ROUGHS NATURE PARK SUMMER CAMPS

Experience forest ecosystems, plants and animals, wilderness skills, rafting, swimming and a challenge course at a day camp close to nature and close to home. Weekly natural science themes. Austin shuttle available. 1884 Hwy. 71 West, Cedar Creek 512-303-5073 www.lcra.org/camps Ages 5-15

MY CODING PLACE

Summer is the perfect time to learn a new skill and to be exposed to technology in a fun environment with no more than 12 students per week. Join us for Python Party, Rockin Robots, Great Graphics, Wonderful Web, and more! 3616 Far West Blvd. #109, Austin 512-593-2729 www.mycodingplace.com Ages 7-18





NEURON GARAGE

Hands-On Building Camp where kids build with recycled materials to solve weekly open-ended challenges. Through the process they build skills in creative thinking, collaboration, and resilience-foundations for vibrant futures. Save \$20/wk with early bird registration. 12 area locations 512-593-5393 www.AFM.neurongarage.com Ages 5-12

ONE WORLD THEATER CAMP

"Emperor's New Clothes" At Camp One World, campers audition on Monday to determine roles, have a week full of fun activities and rehearsals, and on Saturday they perform in costume with lines, singing & dancing on the One World Stage! 7701 Bee Caves Rd., Austin 512-330-9500, ext 130 https://oneworldtheatre.org/outreach/summer-camps/

ORPHEUS ACADEMY OF MUSIC SUMMER CAMPS

Join us for musical summer fun at Orpheus Academy of Music! Our camps provide an enriching musical experience for children of all ages and abilities in Austin and Cedar Park. Each half-day camp is led by experienced, degreed teachers, and includes a variety of activities to keep students moving and learning! Camps include an end-of-week performance so that students can impress their parents with everything they've learned.
3109 Kenai Dr. Unit 10, Cedar Park 512-456-7543
3918 Far West Blvd. Ste. C, Austin 512-231-8999

www.orpheusacademy.com/summercamps.html Ages 4-18

PLAY-WELL TEKNOLOGIES LEGO-INSPIRED CAMPS

Dream it, build it, wreck it, repeat in our LEGO-inspired STEM summer camps! Campers engineer interesting projects, engage in critical thinking and work collaboratively. Kids learn through play every day in our engaging camps. Various locations in Austin and surrounding areas

www.play-well.org 214-676-6336 Ages: 5-12

PLAYMAZING INDOOR PLAY & PARTY

PlayMazing has a week of fun events planned with a different special activity each day along with games, prizes, raffles, dance parties and much more for the ultimate spring break play days! Monday, March 16- Friday, March 20 Mon-Thur 9:00 a.m. - 7:00 p.m. / Fri: 9:00 a.m. - 8:00 p.m. 1401 S. Interstate 35 Highway #130, Round Rock 737-444-2992 13450 N. Highway 183, Ste 107, Austin 512-697-8800 www.PlayMazing.fun

RIO VISTA FARM

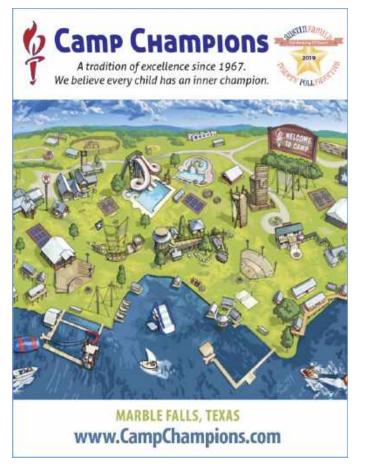
Ages 0-10

Austin's originator of English riding camps. Daily lessons taught by pro trainers, lots of horse time/care, arts and crafts, plus swimming for hotter afternoons. Friday shows for parents.

13013 Fallwell Ln., Del Valle
512-247-2303

www.riovistafarm.net
Ages 7-16





ROCK-ABOUT CLIMBING ADVENTURES

Campers visit natural climbing walls, including Enchanted Rock, Reimer's Ranch, and the Barton Creek Greenbelt, with a climb each morning followed by lunch and a swim in a natural creek or pool.

3755 S. Capital of TX Hwy., Austin 512-415-0804 www.rock-about.com Ages 9-18

ROUND ROCK EXPRESS BASEBALL **AND SOFTBALL CAMPS**

Round Rock Express Camps offer big league quality instruction on the fundamentals of the game. Express Camps range by age and offer opportunities for all skill levels. We pride ourselves on providing high-level instruction from knowledgeable, experienced and passionate coaches.

Dell Diamond www.expresscamps.com 512-238-2225 Ages 6-14

SCHOOL OF ROCK MUSIC CAMPS THAT WILL ROCK YOUR SUMMER

Do you want to learn how to play in a band? School of Rock, Round Rock offers a wide variety of music camps that can teach you how! Our local music camps are perfect for musicians of any skill level who want to play guitar, bass, drums, keyboard, and learn vocals. Best of the 90s Camp, Classic Rock Rewind Camp, Classic Metal Camp, Grunge Camp.







Own My Power June 15th-19th



Use My Power July 13th-17th

Igniting the power in you and helping others find theirs too! Age: For girls entering 3 - 8 grade Price: \$330 per week 901 Trinity St. Austin, TX 78701



Find your strengths & ignite the path to your future.



Pathfinder Leadership Summit

June 8-12 | 2801 S. I-35, Suite 110 Age: For adolescents entering 9 - 12 grades Price: \$450, Scholarships available



Learn More & Sian Up: girlsempowermentnetwork.org 512.808.4044 ext. 104







Southwest Austin and Round Rock 512-246-7625 www.schoolofrock.com Ages 8-18

SMUDGE STUDIOS CAMP

Smudge Studios Camp is artrageous! Each day begins with 2 hours of artmaking, break for snack, and one hour on our crazy slip-n-slide. We offer two sessions Mon-Fri: 9am-12pm or 1pm-4pm with the option to stay all day. Each session has its own unique theme so all day campers leave with 2 unique projects! Sign Up Today! 500 W 38th St., Austin www.SmudgeStudiosAustin.com Ages 4-11

SPICEWOOD COUNTRY CAMP

Nine shady acres in northwest Austin with animals, music, swimming, crafts, sports and horseback riding. Summer sessions are two weeks long. Extended hours available.

6102 Spicewood Springs Rd., Austin 512-346-2992 www.spicewoodcountry.com Ages 3½-10½

STEPPING STONE SCHOOL

This summer at The Brainery™, Stepping Stone School students will be taking a trip to The Future. Campers will be discovering Robotics, Space Exploration, Futuristic Everyday Life, Future Tech, Underwater Exploration, and Conservation. Students will also embark on multiple exciting Field Journeys each week! 19 locations in Austin metro 512-459-0258 www.steppingstoneschool.com Ages 5-13

SUNRISE NEIGHBORHOOD YOUTH PROGRAM

STEM challenges, games, arts and crafts, team building, cooking, swimming, field trips and more. Ask about our junior counselor program. A nonprofit program for school-age kids. 4430 Menchaca Rd., Austin 512-444-3326 www.sunriseaustin.org School Age





SYNERGY DANCE

Dance camps include ballet, tap, jazz, hip-hop. Also included are tumbling, theater, crafts, and a performance on Fridays. 2314 Bee Cave Rd., Austin 512-327-4130 www.synergydance.com

TECHLAB AUSTIN STEAM CAMP

Ages 2 and up

Come join us to explore STEAM while training to live in a deep ocean at our award-winning camp. Campers can learn about Programming, Robotics, Environmental Science, Woodworking, Movie Making, Photography and more.

Anderson High School www.techlab.camp 512-617-8651 Ages 7-13

THINKERY

Thinkery Camps inspire campers to learn while having fun. Campers use science, technology, engineering, arts and math (and their imaginations, of course!) to explore new concepts, solve challenges, and develop critical learning skills. Thinkery 1830 Simond Ave., Austin **Austin National Instruments** 11500 N. Mopac, Austin Austin Harmony School of Innovation 2124 E. St. Elmo Rd., Austin Austin Harmony School of Science 11800 Stonehollow Dr., Austin





512-799-8891 www.bperrymanshootingcamp.com



Silicon Labs 400 W. Cesar Chavez St., Austin 512-469-6201 www.thinkeryaustin.org Ages PreK-5th Grade

TOP GOLF

Our Summer Academies are week-long half-day programs that are filled with nonstop entertainment and learning that kids will love. Enjoy a stress-free week and know we have you covered in every area from lunch to lessons and all of the components that make up the great game of golf.

2700 Esperanza Crossing, Austin 512-831-5981 www.topgolf.com Ages 6-12

TWIN LAKES YMCA **SUMMER CAMP**

YMCA Twin Lakes is located minutes north of Austin. The Y provides an environment for campers to explore, play, and make lifelong friends — all in the great outdoors. 204 E. Little Elm Tr., Cedar Park 512-250-9622, option 6 www.ymcagwc.org Ages 5-14

UTEACH OUTREACH SUMMER STEM CAMPS

UTeach Outreach runs camps focusing on science, technology, engineering, and mathematics (STEM) at UT Austin. 3rd-10th graders can master STEM concepts, explore campus, interact with industry professionals, tour research labs, visit oncampus museums, and more! The University of Texas at Austin 512-471-4992

https://outreach.uteach.utexas.edu/camps Ages 6th-10th grade

UT RADIO-TELEVISION-FILM MEDIA CAMPS

Explore, collaborate, create! The Radio-Television-Film department at The University of Texas at Austin offers media production camps for youth of various ages, including filmmaking, screenwriting, animation, video game development, making music with Garageband, and cinematography.

UT Campus

http://rtf.utexas.edu/camps

512-471-6617

Ages 6-18 yrs old (plus adult workshops)



ENROLL NOW for Spring Break & Summer Day Camp

Celebrating 30 years of Happy Campers!

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- Horsecare & Grooming Lessons
- Swimming Arts & Crafts
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www.riovistafarm.net 512-247-2303







Creative Writing Summer Camp

Summer programs led by professional writers inspire a love of reading and writing, strengthen language skills, and exercise creativity.





www.austinlibrary.org.



Ages 4-14

XPLOR SUMMER CAMP

Through themed lessons, field trips and special visitors our program encourages campers to expand their horizons and embark on new adventures. We focus on STEAM, physical activity and community service, ensuring that every camper can find something that interests them." Austin, Georgetown, Leander, Round Rock 877-322-2891

www.xplorpreschool.com/austin Ages PreK-School Age

YMCA OF AUSTIN SUMMER **DAY CAMP**

Safe and enriching summer day camps. Enjoy field trips, swimming, games and more in a character-rich environment with the YMCA of Austin, 30+ locations in Travis, Hays and Bastrop counties 512-236-9622 www.austinymca.org

YMCA OF GREATER WILLIAMSON COUNTY

Whether it's through swimming, arts and crafts, field trips, sports, or through various outdoor/indoor adventure activities, Y Summer Camps allow kids to be kids and make lasting memories.

Branch and school locations across Williamson County 512-246-9622 www.ymcagwc.org Ages 4-14

CAMP LANTERN CREEK FOR GIRLS

A unique girls' sleep-away summer camp created so girls can create art, find their voices, try new skills, be cheered on, get dirty, push boundaries, love nature, and

4045 N. FM 1486, Montgomery 936-597-8225 www.camplanterncreek.com Girls ages 7-17

OVERNIGHT CAMPS

CAMP CHAMPIONS

Camp Champions has created a tradition of excellence since 1967. With the facility and staff expected of a premier camp, Champions is distinguished by its developmental focus on building strong kids.

775 Camp Rd., Marble Falls 830-598-2571 www.campchampions.com Ages 6-17











CAMP OLYMPIA

Camp Olympia gives campers a fun, caring environment where they can grow in the body, mind, and spirit. Nestled in the Piney Woods of East Texas, right on the shores of Lake Livingston. Campers can choose from 45 different activities.

723 Olympia Dr., Trinity 936-594-2541 www.campolympia.com Ages 6-16

CAMP STEWART FOR BOYS HEART O' THE HILLS FOR GIRLS

Guadalupe River near Kerville. Family-style dining, great food. Character building, worldwide enrollment, friendly! Instructionoriented, 40+ fun activities. Family owned, operated. We grow kids better! 612 FM 1340, Hunt 2430 Hwy 39, Hunt 830-238-4670 830-238-4650 www.camp stewart.com www.hohcamp.com Boys ages 6-16 Girls ages 6-16

NEWK'S ADVENTURE CAMP

Join us for an action packed, exciting week of fun and adventurous challenges! Areas of personal growth will include communication and leadership skills, trust building, goal setting, perseverance, and decision-making skills.

New Braunfels, Texas

800-444-6204

www.newktennis.com/texas-adventure-camp/

Coed 8-17 years

SUGAR & SPICE RANCH CAMP

Bonding mothers and daughters through horses. Campers "own" horses and do everything together as a team. All-inclusive sessions, a great way to reconnect.
Bandera, TX
830-460-8487
www.texashorsecamps.com
Ages 5 and up

YMCA TWIN LAKES OVERNIGHT CAMP

YMCA Camp Twin Lakes is minutes north of Austin. The Y provides an environment for campers to explore, play, and make lifelong friends — all in the great outdoors. 204 E. Little Elm Tr., Cedar Park 512-250-9622 option 6 www.ymcagwc.org/twinlakes Ages 5-16

SPECIAL NEEDS

CAMP REDBIRD

A bereavement summer day camp for children who have experienced the death of a close loved one.

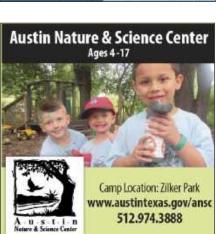
What's better than reading stories

and poetry? Writing them.

Texas State University:

www.austingrief.com/campredbird 2413 Greenlawn Parkway, Austin 512-472-7878 Ages 6-12















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Help Texas receive the funds it needs for highways, schools, hospitals and much more!

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Schoolfield is a freelance medical writer who splits her time between Austin and Seattle.

The Benefits of Art Therapy

any people think that art therapy is coloring in an adult coloring book or taking a craft workshop. While those activities have definite mental health benefits, arts and crafts projects are not the same as art therapy.

What is Art Therapy?

Art therapy is a form of psychotherapy. A mental health professional uses the creative process of making art to help clients communicate painful emotions and challenging issues. Art therapy helps us explain feelings or experiences that we haven't had the words to explain. Many people who are dealing with challenging emotions can't articulate how they feel. Young children may not have the vocabulary to express what is wrong. Adolescents may be defiant, angry, and refuse to talk. Through this expressive and creative form of therapy, clients can begin to understand and manage emotions. Selfexpression through the creative process, guided by the therapist, can lead to a path for healing.

How Does Making Art Impact the Brain?

"The processes of creativity are healing and life enhancing," says Juliet King, a researcher in art therapy and neuroscience. "We see people feel better, able to talk more fluently when they are making art. We see a decrease in symptoms such as stress." A recent study used EEG to measure brain patterns of people who were creating art and people who were tossing coins and rotating pencils. The brains of the people who were making art showed overall increased power compared with the brains of the people who were engaged in the rote motor tasks of coin tossing and pencil rotation.

Do I Need to Be Artistic to Participate in Art Therapy?

No, you don't have to be artistic to participate in art therapy. This therapy isn't like an art class; you don't have to worry about producing a masterpiece. Art therapy helps you express what's locked up inside through coaching from the therapist as you engage in the creative process of making art.

What Types of Art Do You Do in Art Therapy?

The art therapist tailors the art project to the needs of the client. Projects may include painting, finger painting, watercolors, drawing, mandalas, doodling, collage, clay, paper mâché, wood working, sculpting, jewelry making, sewing, weaving, knitting, scrapbooking, or vision boards. The therapist will evaluate your treatment goals, experience, and therapeutic needs when developing your projects. Different types of media elicit different types of responses. Projects may change from session to session.

Who Can Benefit from Art Therapy?

Art therapists work many different types of clients, including those with:

- Mental and behavioral health issues anxiety, eating disorders, depression, self-harming
- Physical health problems—cancer, chronic disease, disabilities
- Communication or learning disorders—

autism spectrum disorder, attention deficit hyperactivity disorder

- Memory disease—dementia,
 Alzheimer's Disease
- Traumatic stress—PTSD, physical and sexual abuse, bullying, domestic abuse
- LBGTQ concerns—issues with identity or sexual orientation
- Major life transitions—divorce, retirement, bereavement

Where Do Art Therapist Work?

Art therapists work in hospitals, outpatient clinics, crisis centers, memory care facilities, schools, psychiatric facilities, veterans' clinics, private practice, and other settings.

What Training do Art Therapists Have?

"Art therapy is a regulated mental and human services profession," states the American Art Therapy Association (ATTA). Art therapists are practitioners who are trained in applied psychological theory. They have master's degrees in art therapy or a related health field and obtain advanced certification. In Texas an art therapist must be a Licensed Professional Counselor with Specialty Designation in Art Therapy. You can verify a practitioner's credentials through the American Art Therapy Association website.

What is the Difference Between Art Therapy and Art for Self-Care?

Doing art projects at home or in workshops can be a form of self-care. Connecting with your creativity helps relieve stress and has mental health benefits. If you are more anxious or stressed than usual, art or crafts as a form of self-care may help. If you are suffering from more acute or challenging issues, however, consider art therapy as an alternative to traditional talk therapy. Some art therapy practices accept health insurance.

When choosing an art therapist, look for one who is a registered art therapist (ATR) or a board-certified art therapist (ATR-BC). To find a licensed art therapist near you, go to www.arttherapy.org/art-therapist-locator.

"Art therapy uniquely promotes the ability to unlock emotional expression by facilitating nonverbal as well as verbal communication."

--American Art Therapy Association





¿Puede un niño ser su propio superhéroe?

Mi estudiante de primer grado, Tony, es un chico pequeño que siempre anda cabizbajo. Cuando se le pide que haga algo, dice que no sabe cómo hacerlo o que no puede. Recientemente me dijo que él era "un inútil". Su madre no parece tan interesada o involucrada como otros padres. Paso más tiempo con Tony y lo animo a que intente nuevas tareas y le digo lo bien que lo está haciendo. ¿Cuáles serían algunas buenas afirmaciones positivas para darle a un niño de seis años? ¿Alguna otra sugerencia?

R Cada maestro, administrador o miembro del personal escolar se ha encontrado con niños como Tony. A veces a estos niños se les ha dicho por los adultos, que no pertenecen a la escuela, que son "estúpidos" o incapaces de hacer las cosas bien. Otras veces, los niños con baja autoestima han sido ignorados o simplemente no tienen un guardián paciente dispuesto a ayudarlos o decirles que están haciendo un buen trabajo. Las afirmaciones positivas pueden ser una herramienta para ayudar a un niño a ser su propio superhéroe.

Mi afirmación favorita para los niños es: "Hay un superhéroe dentro de mí. ¡Soy un superhéroe!" Aquí hay otras afirmaciones positivas para los niños:

Soy adorable.

- Puedo hacer cosas difíciles.
- Tengo grandes ideas.
- Tengo talentos especiales esperando ser descubiertos.
- Soy una buena persona.
- Puedo ser un buen oyente y aprender de los demás.
- Puedo hacer amigos y ser un buen amigo.
- · Creo en mí mismo.
- Puedo entender casi cualquier cosa que otros niños entienden si escucho y pido ayuda.
- Está bien que cometa errores y aprender de ellos.

Aquí hay algunas ideas adicionales que puede considerar para su clase. Los padres también pueden adaptar estos para usar en casa. Recuerde, incluso los superhéroes necesitan un equipo de apoyo:

- Crear Calma: Guíe a los estudiantes, incluyendo a Tony, en un ejercicio corto y en grupo que comienza con respiraciones, luego se relajan y finalmente terminan abrazándose a sí mismos (brazos cruzados y abrazándose los hombros). Luego, pueden darse una palmadita en la espalda.
- Trabajo en Grupo: Coordine con un profesional de salud mental para invitar a los niños con problemas de



asuntos familiares

BETTY RICHARDSON

Richardson, PhD, RN, CS, LPC, LMFT, es una psicoterapeuta situada en Austin.

autoestima como Tony, para crear un club en el que trabajen juntos para aumentar su confianza y hacer amigos. Esto debería coordinarse con los administradores y los padres.

- 3. Estar al Servicio: Coordinar proyectos de servicio en la escuela. A veces, organizaciones o servicios externos están interesados en trabajar con grupos de niños. Ayudar a los demás les da a los niños un sentido de propósito y confianza en sí mismos.
- 4. Encuentre un Amigo: Forme parejas de un estudiante más joven como Tony con un estudiante mayor que pueda brindarle ayuda adicional con la escuela o socializar a la hora del almuerzo una o dos veces por semana. ¿Otra opción? Trabaje con la madre de Tony para inscribirlo en la organización Big Brothers Big Sisters (BBBS). Organizaciones como BBBS pueden encontrar un mentor para Tony que pueda estar ahí para él. BBBS proporciona servicios a niños de 6 a 18 años de edad.
- 5. Tome Nota: Tenga a la mano un paquete de notas adhesivas y coloque en silencio una en los escritorios de varios niños, incluyendo el de Tony. Escriba un comentario alentador en la nota adhesiva como "Tu dibujo fue muy creativo. ¡Me encantan los colores que usaste!"
- 6. Comienzo: Antes de darles a los estudiantes un trabajo nuevo o más difícil, deles un ejercicio que puedan completar fácilmente para facilitarles en tareas más complicadas. Los niños quieren sentirse capaces y seguros al acercarse a nuevas áreas de aprendizaje.

Los maestros tienen un trabajo importante en la vida de las familias. Gracias por todo su trabajo con Tony y todos sus estudiantes.



On Stage

The Very Hungry Caterpillar. Through March 14. The Very Hungry Caterpillar and his menagerie of animal friends have arrived! Little ones will go wide-eyed with excitement as they recite along to their favorite Eric Carle classics like Brown Bear, Brown Bear, 10 Little Rubber Ducks, and The Very Lonely Firefly. Each story is brought to life by an array of faithfully recreated puppets that will enchant and engage both adults and children as they leap off the page and onto the stage. ZACH Theatre, 202 S. Lamar Blvd. Tickets from \$19. tickets.zachtheatre.org. 512-476-0541.

Aladdin. March 11-22. Discover a whole new world at Disney's Aladdin, the hit Broadway musical. From the producer of The Lion King comes this timeless story filled with unforgettable beauty, magic, comedy, and breathtaking spectacle. Aladdin is an extraordinary theatrical event where one lamp and three wishes make the possibilities infinite. Bass Concert Hall. 2350 Robert Dedman Dr. \$30 and up. texasperformingarts.org. 512-471-2787.

Museum Exhibits

Daniel Johnston. Through March 31. Austin Public Library commemorates the life and work of beloved musician and artist Daniel Johnston, who passed away in 2019, leaving behind a rich legacy of musical recordings, sketches, and cartoons. Currently on display at Central Library is a new mural honoring Johnston. The artwork was commissioned by The Library Foundation and will be housed in Central Library's fourth floor Special Collections area. The mural by artist Jason Archer mimics Johnston's playful, surreal style and invokes

themes Johnston explored throughout his life and work, including his struggles with mental illness. A collection of Johnston's original sketches will also be displayed in the Central Library's Living Room gallery on the sixth floor. Austin Central Library, 710 W. Cesar Chavez St. Free. austinlibrary.org.

This Light of Ours: Activist Photographers of the Civil Rights

Movement. Through May 31. This powerful exhibit tells a visual story of the struggle against segregation, race-based disenfranchisement, and Jim Crow laws in the 1960s. This Light of Ours captures the day-to-day struggles of everyday citizens working toward equality and their resolve in the face of violence and institutionalized discrimination. More than 150 powerful black-and-white photos focus on the activities of the Student Nonviolent Coordinating Committee (SNCC). The photographs convey SNCC's distinctive "bottom-up" community organizing strategy as well as the movement's impact on the national consciousness and use of photos to present critical messages. Bullock Museum, 1800 Congress Ave. Free with regular admission. thestoryoftexas.com.

Family Events

Sun 1

Lake Travis Film Festival. 10:30 a.m. to 6:30 p.m. Showcasing filmmakers from around the globe with authenticity, vision, and purpose. 12400 W. Highway 71, #350-255. laketravisfilmfestival.com.

FREE Skate Lessons. 11 to 11:30 a.m. Playland Skate Center offers free skate lessons every Sun. morning at 8822 McCann Dr. playlandskatecenter.net. 512-452-1901.

Out of This World. 11 a.m. A couple of intrepid astronauts explore space and come across

aliens who need their help! Hideout Theatre. 617 Congress Ave. \$5. hideouttheatre.com. 512-443-3688.

HEB First Free Saturdays. 12 to 3 p.m. Trailblazers: Get inspired by those who have bravely forged new paths. Bob Bullock History Museum, 1800 Congress Ave. FREE. thestoryoftexas.com

Sensory Playtime. 1 to 1:45 p.m. The Round Rock Public Library is hosting a play group series on Sundays for children ages 6 and under. 216 E. Main St. roundrocktexas.gov.

Kids Chess Open Play. 1:30 to 3 p.m. Learn the basics of how to play chess, or just meet up with other chess fans to play a few games. Cedar Park Public Library, 550 Discovery Blvd. cedarparktexas.gov. 512-401-5600.

Chess Club. 4 to 5:30 p.m. Kids ages 5-18. Learn to play chess! Central Library, 710 W. César Chávez St. FREE, library.austintexas.gov.

Mon 2

Baby Bloomers. 9 to 10 a.m. A speciallydesigned program where the museum is open just for visitors ages 0-3. Thinkery, 1830 Simond Ave. FREE. thinkeryaustin.org.

Baby Time for Babies. 3-12 months old. 10 to 10:30 a.m. This program is for babies and their siblings, with an adult. Pflugerville Public Library, 1008 W. Pfluger St. library.pflugervilletx.gov.

Baby Time for Babies. 12-18 months old. 11 to 11:30 a.m. This program is for babies 12 to 18 months old, and their siblings, with an adult. Pflugerville Public Library, 1008 W. Pfluger St. library.pflugervilletx.gov.

Rockin' Kids Club: LEGO Free-Build, 4:30 to 5:30 p.m. Ages 5 and up. It's LEGO week at the Round Rock Public Library. Elementary students invited to come build and share. Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

SUBMIT YOUR EVENT

Visit austinfamily.com and click "Submit your event." The deadline is the 5th of the month preceding the month of the event. If your event charges more than \$15, send details to kaye2003@austinfamily.com for approval.

Tue 3

1, 2, 3 Play with Me. 9:15 a.m. Registration required. Wells Branch Community Library, 15001 Wells Port Dr. wblibrary.org.

Early Literacy Playgroup. 10:30 a.m. Recommended for ages 5 and under. Playing is learning! Willie Mae Kirk Branch, 3101 Oak Springs Dr. FREE. library.austintexas.gov.

Music & Movement. 11 a.m. Recommended for ages 3-5. Bring your favorite little one to stretch, sing, dance, & play. Hampton Branch at Oak Hill, 5125 Convict Hill Rd. FREE. library.austintexas.gov.

Family Board Game. 5:30 to 8 p.m. Play our collection of modern and traditional family board games. Austin Public Library Central Library, 710 W. Cesar Chavez. FREE. library.austintexas.gov. 512-074-7400.

Fuse Bead Teen Night. 6 to 7 p.m. Use our collection of patterns or find your own to create a Perler bead design. Pflugerville Public Library, 1008 W. Pfluger St. library.pflugervilletx.gov.

Board with Books. 6 to 8:45 p.m. Do you love playing board games? Then come to Board with Books! Central Library, 710 W. César Chávez St. FREE. library.austintexas.gov.

Adulting 101 For Teens: Buying A Car. 6:30 to 7:30 p.m. Ages 12-18. Welcome to our series designed to help teens develop life skills and knowledge. Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

Wed 4

Sprouts. 10 to 11 a.m. Ages 3-5. Bring your little wildflower to the Lady Bird Johnson Wildflower Center for our preschool program. 4801 La Crosse Ave. wildflower.org.

The King's Daughter Who Lost Her Hair.

10:30 a.m. A folktale from the Akamba people of East Africa. This is a Literature Live! production. Central Library, 710 W. César Chávez St. FREE. library.austintexas.gov.

Crafternoon. 3 to 5 p.m. We bring supplies, you bring the creativity! St. John Branch, 7500 Blessing Ave. FREE. library.austintexas.gov.

Crafternoon. 3 p.m. All ages welcome. Drop by the library and make a craft while you search for books. Ruiz Branch, 1600 Grove Blvd. FREE. library.austintexas.gov.

Switch It Up Teen Gaming. 4:30 to 5:30 p.m. Meet in the Teen Space to play Nintendo Switch. This event is open to teens ages 12-18. Pflugerville Public Library, 1008 W. Pfluger St. library.pflugervilletx.gov.

Thu 5

Living History Days. 10 a.m. to 1:30 p.m. You never know who you'll meet around the next corner! Bullock Texas State History Museum, 1800 Congress Ave. FREE. thestoryoftexas.com. 512-936-8746.

Sprouts. 10 to 11 a.m. See Wed. 4 for details.

Play Time. 10:30 to 11:30 a.m. Children up to 5 years of age with an adult are welcome to

attend. Free play. Pflugerville Public Library, 1008 W. Pfluger St. library.pflugervilletx.gov.

Music & Movement. 11 a.m. Recommended for ages 3-5. Bring your favorite little one to stretch, sing, dance & play. Howson Branch, 2500 Exposition Blvd. FREE. library.austintexas.gov.

Let's All Play - Board Game Day! 3 to 5 p.m. St. John Branch, 7500 Blessing Ave. FREE. library.austintexas.gov.

Tween LEGO® Robotics. 4:30 to 5:30 p.m. Ages 8-12. Join us in Meeting Room A to build and explore with LEGO® WeDo robotic kits. Pre-registration requested. Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

Amplify Austin Day 2020. 6 p.m. Get ready to give back to the local nonprofits that make our community a reality on Amplify Austin with 24 hours of giving. FREE. amplifyatx.org.

Pflugerville Pokemon Card Club. 6 to 8 p.m. First Thur. of the month at the Pflugerville Recreation Center, 400 Immanuel Road. parks.pflugervilletx.gov.

Fri 6

Amplify Austin Day 2020. Get ready to give back to the local nonprofits that make our community a reality on Amplify Austin with 24 hours of giving, FREE. amplifyatx.org.

Bilingual Family Playgroup. 10 a.m. to 12 p.m. Juegos familiares y cuentos. Come and play! St. John Branch, 7500 Blessing Ave. FREE. library.austintexas.gov.



Music & Movement, 11 a.m. Recommended for ages 3-5. Bring your favorite little one to stretch, sing, dance & play. Old Quarry Branch, 7051 Village Center Dr. FREE. library.austintexas.gov.

Family Movie Matinee. 3:30 p.m. Maleficent: Mistress of Evil (PG, 2019). All ages welcome. Ruiz Branch, 1600 Grove Blvd. FREE. library.austintexas.gov.

Tween Crafters. 4 to 5 p.m. Recommended for ages 9-12. Come create with us! Manchaca Rd. Branch, 5500 Manchaca Rd. 512-974-8700. FREE. library.austintexas.gov.

Main Event. 5 to 8 p.m. First Weekend in Downtown Bastrop, 920 Main St. FREE. visitbastrop.com. 916-960-2915.

Rodeo Austin Cowboy Breakfast. 6 a.m. Breakfast for everyone to kick off Rodeo Austin 2020. The Long Center, 701 W. Riverside Dr. FREE. rodeoaustin.com.

Community Village Movie: Frozen II. 6:30 to 9:30 p.m. Grab chairs and a blanket. 9301 Hog Eye Rd. FREE. mlf.org/community-cinema.

Sat 7 It's My Park Day. 7 a.m. to 7 p.m. Our favorite city-wide volunteer day in Austin's parks, trails and green spaces. FREE. austinparks.org.

Baby Bloomers. 9 to 10 a.m. See. Sat. 2 for details.

Celebrate It's My Park Day with Shoal Creek Conservancy! 9 to 11 a.m. In partnership with Austin Parks Foundation for It's My Park Day. Shoal Creek Conservancy, 707 Rio Grande St., Suite 150. shoalcreekconservancy.org.

Round Rock Area Pokemon Club. 9 to 10:30 a.m. Pokemon players, make new friends and share your love of Pokemon Saturday mornings at the Round Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

Texas Independence Day Parade. 9 to 11 a.m. Enjoy the parade down Congress Ave. FREE. austintexas.gov.

Code Chica. 10 a.m. to 2 p.m. Latinitas is an Austin based non-profit dedicated to encouraging girls to innovate through media. Latinitas Office, 1023 Springdale Road. FREE. latinitasmagazine.org.

Baby Time: Saturdays. 10:30 to 11 a.m. This program is for babies 3-18 months old, and their siblings, with an adult. Pflugerville Public Library, 1008 W. Pfluger St. library.pflugervilletx.gov.

Dog Extravanganza. 12 to 2 p.m. Activities, doggie games, food samples, and contests. Metz Recreation Center, 2407 Canterbury St. FREE. austintexas.gov. 512-978-2399

Board with Books. 1 to 4 p.m. All ages welcome. Do you love playing board games? Then come to Board with Books! Twin Oaks Branch, 1800 S. 5th St. FREE. library.austintexas.gov.

Discovery! @ Westbank. 1 to 3 p.m. The Discovery program offers hands-on exploring for young learners in many different topics. Westbank Community Library, 1309 Westbank Dr. westbanklibrary.com.

2020 Teen Job Pfair. 2 to 4 p.m. The event attracts an average of 200 employers. Pflugerville Public Library, 1008 W. Pfluger St. FREE. pflugervilletx.gov.

Austin Water Lantern Festival. 4 to 10 p.m. Mueller Lake Park, 4550 Mueller Blvd. waterlanternfestival.com.

Battleground 1863. The Texas Military Forces Museum presents a living history event of the Civil War. Camp Mabry, 2200 W. 35th St. FREE. texasmilitaryforcesmuseum.org.

Sun 8

Dino + Donuts. 11 a.m. We've paired with Keep Austin Young to keep young minds busy with plants, colorful sands and more. Plant Party, 1200 E. 11th St., #105. \$15. plantparty.co/products/dino-donuts-keep-austi n-young-event.

FREE Skate Lessons. 11 to 11:30 a.m. See Sun. 1 for details.

Out of This World. 11 a.m. See Sun. 1 for details.

Sensory Playtime. 1 to 1:45 p.m. See Sun. 1 for details.

Eco Day. 1 to 4 p.m. Join Austin Public Library and the Grow Green Team for presentations, demonstrations, and exhibits. Central Library Special Event Center, 710 W. Cesar Chavez. FREE. library.austintexas.gov. 512-974-7400.

Kids Chess Open Play. 1:30 to 3 p.m. See Sun. 1 for details.

Inclusive Board Game Group. 4 to 5:30 p.m. Join us for Wells Branch Community Library's inclusive Board Game Group. 15001 Wells Port Dr. wblibrary.org.

Baby Bloomers. 9 to 10 a.m. See. Sat. 2 for details.

Baby Time for babies 3 - 12 months old. See Mon. 2 for details.



Baby Time for babies 12 - 18 months old. 11 to 11:30 a.m. See Mon. 2 for details.

The King's Daughter Who Lost Her Hair.

2 p.m. A folktale from the Akamba people of East Africa. This is a Literature Live! production. Manchaca Road Branch, 5500 Menchaca Rd. 512-974-8700. FREE. library.austintexas.gov.

Rockin' Kids Club: Art Week. 4:30 to 5:15 p.m. Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

Tue 10

Coffee with a Cop (Starbucks), 8 to 10 a.m. Starbucks on Round Rock Ave, 110 N. I-35. roundrocktexas.gov.

RRISD Art Exhibition. 9 a.m. to 6 p.m. See Sun. 1 for details.

Homeschool Happenings. 11 a.m. to 12 p.m. Enrichment activities and social time for homeschoolers of all ages. Georgetown Public Library, 402 W. 8th St. visit.georgetown.org.

The King's Daughter Who Lost Her Hair.

3:30 p.m. A folktale from the Akamba people of East Africa. This is a Literature Live! production. Twin Oaks Branch, 1800 S. 5th St. FREE. library.austintexas.gov.

Jr. Chef Skills, 4:30 p.m. Kids ages 8 to 12 are invited to learn practical cooking skills in this hands-on class. Lake Travis Community Library, 1938 Lohman's Crossing. laketravislibrary.org. 512-263-2885.

Family Board Game. 5:30 to 8 p.m. See Tues. 3 for details.

Tween Hangout Night. 6:30 to 7:30 p.m. Each month tweens can drop in for a different activity. Pflugerville Public Library, 1008 W. Pfluger St. library.pflugervilletx.gov.

Wed 11

RRISD Art Exhibition. 9 a.m. to 6 p.m. See Sun. 1 for details.

Sprouts. 10 to 11 a.m. See Wed. 4 for details.

Tween Homeschool Games and Swap.

12:30 to 2 p.m. Ages 9-13. Come hang out with old and new friends while playing board and party games. Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.



The King's Daughter Who Lost Her Hair.

3:30 p.m. A folktale from the Akamba people of East Africa. This is a Literature Live! production. Milwood Branch, 12500 Amherst Dr. FREE. library.austintexas.gov.

Switch It Up Teen Gaming. 4:30 to 5:30 p.m. See Wed. 4 for details.

Tween Book Club. 4:30 to 5:15 p.m. Tweens will discuss their favorite books and learn about similar books they might enjoy. Pflugerville Public Library, 1008 W. Pfluger St. library.pflugervilletx.gov.

Thu 12

RRISD Art Exhibition. 9 a.m. to 6 p.m. See Sun. 1 for details.

Sprouts. 10 to 11 a.m. See Wed. 4 for details.

Little Texans: Vaqueros. 10 a.m. Saddle up for a morning of horseplay and adventure as we discover the roots of the Texas cowboy. Bullock Texas State History Museum, 1800 Congress Ave. FREE. thestoryoftexas.com. 512-936-8746.

Play Time. 10:30 to 11:30 a.m. Children up to 5 years of age with an adult are welcome to attend. Free play. Pflugerville Public Library, 1008 W. Pfluger St. library.pflugervilletx.gov.

Bilingual Boogie. 10:30 a.m. Join Sra. Garrett to learn basic Spanish vocabulary through singing, dancing, games, and more. Lake Travis Community Library, 1938 Lohman's Crossing. laketravislibrary.org. 512-263-2885. **Let's All Play - Board Game Day!** 3 to 5 p.m. See Thur. 5 for details.

Tween Book Club: Comet Rising. 4:30 to 5:30 p.m. Ages 9-12. Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

Science Thursday. Discover the science of the Story of Texas! Bullock Texas State History Museum, 1800 Congress Ave. FREE. thestoryoftexas.com. 512-936-8746.

Fri 13

RRISD Art Exhibition. 9 a.m. to 6 p.m. See Sun. 1 for details.

Sat 14

Austin's Running of the Green. 8 to 10 a.m. Austin 10K'r invites you to join us for a unique variety of fun running routes. Austin American-Statesman, 305 South Congress Ave. FREE. cap10.com. 512-445-3988.

28th Annual Travis County Walk. 8:30 a.m. to 12:30 p.m. Help support the mission of Alzheimer's Texas by registering to walk with us! Camp Mabry, 2200 West 35th St. tzalz.org.

RRISD Art Exhibition. 9 a.m. to 6 p.m. Raymond E. Hartfield Performing Arts Center, 5800 McNeil Dr. roundrocktexas.gov.

Baby Bloomers. 9 to 10 a.m. See Sat. 6 for details.

Round Rock Area Pokemon Club. 9 to 10:30 a.m. See Sat. 7 for details.



It's time to start enjoying life!

Do you need help with marital or parenting issues?

Do you need to reduce your worry and anxiety?

Betty Kehl Richardson

PhD, RN, CS, LMFT, LPC

Licensed Professional Counselor Licensed Marriage and Family Counselor Call 512/346-9264 for appointment Evening and Weekend Appointments Available **Kidz Korner.** 10 a.m. to 2 p.m. Looking for a fun activity for the entire family? Williamson Museum, 716 S. Austin Ave. visit.georgetown.org.

Stronger Austin Day. 10 a.m. to 1 p.m. Fun exercises classes, healthy cooking demos, health screenings, kids' activities, and more. Created to build excitement and generate awareness of health and wellness. Gus Garcia Recreation Center, 1201 E. Rundberg Ln. FREE. strongeraustin.org.

Code Chica. 10 a.m. to 2 p.m. See Sat. 7 for details.

Tinkering Take Homes: Sky High Kites.

10 a.m. Join us in Spark Shop, our makerspace, and tinker your hearts out! Thinkery, 1830 Simond Ave. \$5-6. thinkeryaustin.org

Chess Club at the Library.10:30 a.m. to 12 p.m. Ages 10-18. King, Pawn, Rook, Castling, Checkmate, Stalemate! Do you know what these words mean? Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

Stories from Japan. 10:30 a.m. Experienced educator Nancy Simpson will share Japanese tales told in English with puppets and toys. Lake Travis Community Library, 1938 Lohman's Crossing, laketravislibrary.org. 512-263-2885.

Second Saturdays. 11 a.m. to 3 p.m. Hands-on art-making workshops each month, inspired by the exhibitions on view. The Contemporary Austin, 3809 West 35th St. FREE. thecontemporaryaustin.org. 512-453-5312.

Fur-Ever Friends READ Dogs. 12 to 2 p.m. Georgetown Public Library, 402 W 8th St. visit.georgetown.org.

Reading Mini-Horse. 12 to 1 p.m. Children can gain confidence in reading through reading sessions with a Therapy Mini-Horse. Wells Branch Community Library, 15001 Wells Port Dr. wblibrary.org.

Board with Books. 1 to 4 p.m. See Sat. 7 for details.

Crafturday: Seuss x Seuss West! Dr. Seuss Terrariums. 1 p.m. Crafturday is a monthly arts and crafts workshop held at the Cepeda Branch. 651 N. Pleasant Valley Rd. FREE. library.austintexas.gov.

Board Games. 1 to 4:45 p.m. All ages welcome. Come and play board games at the library. Old Quarry Branch, 7051 Village Center Dr. FREE. library.austintexas.gov.

Holi Festival of Colors and Love. 2 to 8 p.m. Live band singing Holi songs, fun for the entire family. Radha Madhav Dahn, 400 Barsana Rd. FREE. radhamadhavdham.org.

Sun 15

RRISD Art Exhibition. 9 a.m. to 6 p.m. See Sun. 1 for details.

FREE Skate Lessons. 11 to 11:30 a.m. See Sun. 1 for details.

Kids Chess Open Play. 1:30 to 3 p.m. See Sun. 1 for details.



Crafty Café. 2 to 3:30 p.m. Enjoy a beverage while being crafty. Materials will be provided while supplies last. Pflugerville Public Library, 1008 W. Pfluger St. library.pflugervilletx.gov.

LEGO Fun Day! 2 to 4 p.m. LEGO Fun Day with ESTEAM Learning Labs. Our events are full of fun and discovery. Wells Branch Community Library, 15001 Wells Port Dr. wblibrary.org.

Mon 16

RRISD Art Exhibition, 9 a.m. to 6 p.m. See Sun. 1 for details.

Baby Bloomers. 9 a.m. to 12 p.m. See Mon. 2 for details.

Baby Time for babies 3 - 12 months old. 10 to 10:30 a.m. See Mon. 2 for details.

Free EXTREME LEGO Fun Day. (ages 4+). 10 a.m. to 12 p.m. Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

Baby Time for babies 12 - 18 months old. See Mon. 2 for details.

The King's Daughter Who Lost Her Hair. 3:30 p.m. A folktale from the Akamba people of East Africa. This is a Literature Live! production. Spicewood Springs Branch, 8637 Spicewood Springs Rd. FREE. library.austintexas.gov.

RRISD Art Exhibition. 9 a.m. to 6 p.m. See Sun. 1 for details.

The King's Daughter Who Lost Her Hair.

3:30 p.m. A folktale from the Akamba people of East Africa. This is a Literature Live! production. Howson Branch, 2500 Exposition Blvd, FREE. library.austintexas.gov.

Family Board Game. 5:30 to 8 p.m. See Tues. 3 for details.

Board with Books. 6 to 8:45 p.m. See Tues. 3 for details.

Teen Writing Group (ages 12-18). 6:30 to 7:30 p.m. Do you have a passion for the writing? Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

St. Patrick's Day Bagpipe in The Park.

7 to 8 p.m. A band and period dancers will perform traditional Celtic songs and dances, plus games for children. Katherine Fleischer Park, 2106 Klattenhoff Dr. FREE. wellsbranchmud.com.

Wed 18

RRISD Art Exhibition. 9 a.m. to 6 p.m. See Sun. 1 for details.

Sprouts. 10 to 11 a.m. See Wed. 4 for details.

The King's Daughter Who Lost Her Hair.

11 a.m. A folktale from the Akamba people of East Africa. This is a Literature Live! production. Old Quarry Branch, 7051 Village Center Dr. FREE. library.austintexas.gov.

Family Movie: Abominable (PG). 1 to 2:30 p.m. A family movie event. Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

Crafternoon. 3 p.m. See Wed. 4 for details.

Switch It Up Teen Gaming. 4:30 to 5:30 p.m. See Wed. 4 for details.

RRISD Art Exhibition. 9 a.m. to 6 p.m. See Sun. 1 for details.

Sprouts. 10 to 11 a.m. See Wed. 4 for details.

Play Time. 10:30 to 11:30 a.m. Children up to 5 years old with an adult are welcome to attend. Free play. Pflugerville Public Library, 1008 W. Pfluger St. library.pflugervilletx.gov.

Musica Y Movimiento. 11 a.m. Recommended for ages 3-5. Bring your favorite little one to stretch and sing. St. John Branch, 7500 Blessing Ave. FREE. library.austintexas.gov.

Let's All Play - Board Game Day! 3 to 5 p.m. See Thur. 5 for details.

Crafternoon. 3:30 p.m. All ages welcome. Drop by the library and make a craft while you search for books. Howson Branch, 2500 Exposition Blvd. FREE. library.austintexas.gov.

Perler Bead Palooza. 6 to 8 p.m. Recommended for ages 5 and up. Make amazing pixelated creations using fusible beads. Central Library, 710 W. César Chávez St. FREE. library.austintexas.gov.

Board with Books. 6:30 to 8:30 p.m. All ages welcome. Do you love playing board games? Then come to Board with Books! Little Walnut Creek Branch, 835 W. Rundberg Ln. FREE. library.austintexas.gov.

RRISD Art Exhibition, 9 a.m. to 6 p.m. See Sun. 1 for details.

I Love Schoolhouse Rock So Much. 10 a.m. to 3:30 p.m. This kid-friendly music festival complements Austin's many badge-wearing events in early March! Austin Scottish Rite Theater, 207 W. 18th St. \$1-5. scottishritetheater.org.

Drive-In Movie: Cars. 10 a.m. to 12 p.m. Decorate your very own carboard car and enjoy a story and a drive-in movie screening of a Pixar classic. St. John's Branch, 7500 Blessing Ave. FREE. library.austintexas.gov. 512-974-7570.

Maker Movie Matinee. 3 to 5 p.m. Spider-Man: Into the Spider-verse (PG). Recommended for ages 5 and up. St. John Branch, 7500 Blessing Ave. FREE. library.austintexas.gov.

Family Movie Matinee, 3:30 p.m. The Addams Family (PG) All ages welcome. Ruiz Branch, 1600 Grove Blvd. FREE. library.austintexas.gov.

Lego Club. 4 p.m. Do you love Legos? Join us for a free play session. Lake Travis Community Library, 1938 Lohman's Crossing. FREE. laketravislibrary.org. 512-263-2885.

RRISD Art Exhibition. 9 a.m. to 6 p.m. See Sun. 1 for details.



Baby Bloomers. 9 to 10 a.m. See Mon. 2 for details.

Round Rock Area Pokemon Club. 9 to 10:30 a.m. See Sat. 7 for details.

Baby Time: Saturdays. See Sat. 7 for details.

Eat the World. 2 p.m. Cooking Demonstration of Ethiopian food. Howson Branch, 2500 Exposition Blvd. FREE. library.austintexas.gov.

Community Movie Night: Beauty and the Beast (1991). 6 to 10 p.m. Come to Elgin Memorial Park for Capture the Flag and Freeze Tag, then stay for the movie. Elgin Parks Rec, 361 North Hwy 95. elgintx.com.

RRISD Art Exhibition. 9 a.m. to 6 p.m. See Sun. 1 for details.

FREE Skate Lessons. 11 to 11:30 a.m. See Sun. 1 for details.

Kids Chess Open Play. 1:30 to 3 p.m. See Sun. 1 for details.

Inclusive Board Game Group. 4 to 5:30 p.m. Join us for Wells Branch Community Library's inclusive Board Game Group. Wells Branch Community Library, 15001 Wells Port Dr. wblibrary.org.

Mon 23

RRISD Art Exhibition. 9 a.m. to 6 p.m. See Sun. 1 for details.



CHRISTIAN. CLASSICAL. CHARLOTTE MASON. COLLEGE PREPARATORY. **SERVING PREK3-12TH GRADE**

Join us for our Parent Info Meeting March 26th at 9:30 am.

RSVP to 512-259-2722

www.SterlingClassicalSchool.com

Baby Bloomers. 9 a.m. to 12 p.m. See Mon. 2 for details.

Rockin' Kids Club: Game On! 4:30 to 5:15 p.m. It's games week at the Round Rock Public Library. Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

RRISD Art Exhibition, 9 a.m. to 6 p.m. See Sun. 1 for details.

Musica Y Movimiento. 10:30 a.m. Recommended for ages 3-5. Bring your favorite little one to stretch, sing, dance & play. Terrazas Branch, 1105 E. César Chávez St. FREE. library.austintexas.gov.

Homeschool Happenings. 11 a.m. to 12 p.m. Enrichment activities and social time for homeschoolers of all ages. Georgetown Public Library, 402 W. 8th St. visit.georgetown.org.

Music & Movement. 11 a.m. See Tues. 3 for details.

Family Board Game. 5:30 to 8 p.m. See Tues. 3 for details.

Wed 25

Sprouts. 10 to 11 a.m. See Wed. 4 for details.

Ants Go Marching. 9:30 a.m. and 11 a.m. Ages 2-5. A colorful adventure of rhythm, dance, and new friendship. Pollyanna Theatre Company, 3710 Cedar St. \$7.25. pollyannatheatrecompany.org.

Sprouts. 10 to 11 a.m. See Wed. 4 for details.

Music & Movement. 11 a.m. See Thurs. 5 for details.

Let's All Play - Board Game Day! 3 to 5 p.m. See Thur. 5 for details.

Play Group for All Abilities. 9:30 a.m. Please join us at Easterseals Central Texas! 8505 Cross Park Dr., Suite 120, FREE.

Babytime Playtime. 9:30 to 10:15 a.m. Round Rock Public Library, 216 E. Main St. roundrocktexas.gov.

Ants Go Marching. 9:30 a.m. and 11 a.m. See Thur. 26 for details.

Science Friday. 3 to 5 p.m. Come for an hour of seasonally-themed science and STEAM stations the whole family will enjoy. St. John Branch, 7500 Blessing Ave. FREE. library.austintexas.gov.

Crafternoon. 3:30 to 4:30 p.m. Drop by the library and make a craft while you search for books, movies, and music. Hampton Branch at Oak Hill, 5125 Convict Hill Rd. FREE. library.austintexas.gov.

Movie in The Park: Toy Story. 6 p.m. Bring your blankets and lawn chairs and enjoy a movie under the stars. Milburn Park, 1901 Sun Chase Blvd. FREE. cedarparkparks.com. 512-401-5500.

Sat 28

Baby Bloomers. 9 to 10 a.m. See Mon. 2 for details.

Round Rock Area Pokemon Club. 9 to 10:30 a.m. See Sat. 7 for details.

Ants Go Marching. 9:30 a.m. See Thur. 26 for details.

Tinkering Take Homes: Sky High Kites. 10 a.m. See Sat. 14 for details.

Round Rock Express Fan Fest. 10 a.m. to 2 p.m. This free event features fun activities like a scavenger hunt, inflatables, and more. Dell Diamond, 3400 E. Palm Valley Blvd. FREE. milb.com./round-rock.

Milwood Block Party. 11 a.m. to 1 p.m. All ages welcome. Milwood Branch, 12500 Amherst Dr. FREE. library.austintexas.gov.

Blanton Block Party 2020. 11 a.m. to 11 p.m. Join us for our fourth annual FREE community event! Blanton Museum of Art, 200 East Martin Luther King Junior Boulevard. FREE. blantonblockparty.org. 512-471-5482.

Ants Go Marching. 11 a.m. See Thur. 26 for details.

Teddy Bear Picnic. 12 to 2 p.m. Bring your favorite stuffed animal and your lunch and enjoy stories, songs, and outdoor play. St. John Branch, 7500 Blessing. FREE. library.austintexas.gov. 512-974-7570.

Sun 29 FREE Skate Lessons. 11 to 11:30 a.m. See Sun. 1 for details.

Kids Chess Open Play. 1:30 to 3 p.m. See Sun. 1 for details.

Mon 30

Baby Bloomers. 9 a.m. to 12 p.m. See Mon. 2 for details.

Baby Time for babies 3 - 12 months old. 10 to 10:30 a.m. See Mon. 2 for details.

Baby Time for babies 12 - 18 months old. 11 to 11:30 a.m. See Mon. 2 for details.



KIDZONE

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Make a Pan Flute

It's officially springtime! Austin is a very special place around this time of year. There are thousands of new visitors in town and lots of music playing on the streets. That's why we're celebrating all things music and arts this month. Gather your art supplies and enjoy some creative time with the whole family. And who knows? Maybe you'll be able to start your own band!

Materials

- · Blue or pink paper straws
- Blue or pink String
- Yellow feathers
- Clear masking tape
- Child-safe scissors
- School glue
- A ruler



Instructions

- Select 15 straws and using child-safe scissors and cut them as follows: the first at 10 cm, then add 0.5 cm for the following, the second at 10.5 cm, the third at 11 cm, the fourth at 11.5 cm, the fifth at 12 cm, and so on until the last straw is cut to 17 cm.
- 2. Glue the straws next to each other by placing glue between each straw.
- 3. Let the glue dry!
- Cut a 50 cm string. Glue one end of the string between the first and second straw, then the other end of the string to the penultimate and last straw.
- 5. Glue the yellow feathers over the strings.
- 6. Let the glue dry!
- 7. Finish by wrapping a length of clear masking tape around the straws. You can decorate the masking tape with stickers!
- 8. Go ahead and make some music!

Photo and craft courtesy of Artsycraftsymom.com



The YMCA of Austin is a dynamic association of men, women and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living, and fostering a sense of social responsibility. The YMCA afterschool program is the ideal out-of-school time opportunity for your child to grow academically, emotionally, and physically. Learn about Y Afterschool and register for the 2019-20 school season



The Serving Center assists 1,200 households every month



The Round Rock Area Serving Center, a Texas non-profit corporation, also known as the Serving Center, carries out a community-wide mission of churches, other organizations and individuals serving human needs in the City of Round Rock and surrounding areas.

DUND HOCK A REVING CEN Volumeer Cen

- Food Pantry
- · Keep Round Rock Warm
- Clothing & Furniture Vouchers
- · Computers for Kids
- Community Gardens
- · Computer Skills Training
- · Financial Assistance
- · The Volunteer Center

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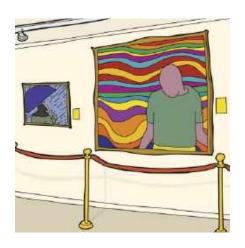




JUST FOR GRINS

CATE BERRY

Cate Berry is a children's book author and mother of two based in Austin, TX.



Art and Feet

My friend Jenny used to say the minute she walked into a museum her feet would start hurting. I thought this was hilarious until we walked into the Houston Museum of Fine Arts Impressionists exhibit.

"My feet hurt," my daughter said.

I exhaled. I'd read *The Conscious Parent*. And thrown it against the wall, as one does. I'd also mastered the fine art of shutting up when you'd rather scream.

We pressed on another four feet. My daughter collapsed on a bench, apparently parched. Flashing our tickets, I grabbed an audio gizmo that detailed the paintings by talking right into your ear!

"Technology," I beamed. She declined, resembling a baby sloth born into captivity.

I gasped at a Mary Cassatt painting. A mother and daughter. The ease of the brushstrokes. The *comfort*. I could feel the warm water. The mother's touch.

An audible groan penetrated my back.

It was not unfamiliar. My mother had loved poetry, and I'd shot eye-bullets into her when she read Emily Dickenson aloud. Years later, I fell in love with poetry. I remember thinking, why didn't anyone tell me about this?

"How much longer?" my daughter asked, pulling apart a split-end while beneath Claude Monet's famous *Valley of the Creuse*, 1889

From across the room, a vermilion painting pulled me through the crowd. Lemons against a *Fleur-de-lis*, 1943, by Henri Matisse. I felt tears prickle. Cheesy *joy* bubbled up inside.

This painting made me want to write, soar over the Andes in a glider, and forgive every leaf blower on a Saturday morning.

I turned, longing to share.

She was focused downward, picking her toenail polish. Pablo Picasso's *Woman Seated in an Armchair*, 1941, watched over her. My girl was her own masterpiece.

You can't push art any more than you can rush a sloth.

Outside, the sunshine cracked my daughter wide open as she ran towards lunch. *My feet hurt*, I thought, chasing her shadow.



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